WORTH OF EDUCATION

GRANITE SCHOOL DISTRICT

COLLEGE EDUCATION = OPPORTUNITIES



<u>All</u> students need to plan for college after high school. College has a new definition! It is now defined as 1, 2, 4, or more years of education and training after high school. College can be a community college, a Utah College of Applied Technology, a private technical college, etc., where you can earn a 1-year certificate or diploma or a 2-year associate's degree. College is also an institution where you can earn a 4-year bachelor's degree, a master's degree, or an advanced professional degree.

College education and training will be the best investment you will ever make. Your earning power will increase as you learn. People with the most education usually make the highest wages, particularly if they study math and science. A positive future lies ahead when you take school seriously and plan for education and training after high school graduation. All students need to prepare to be college and career ready!

Top 5 Reasons to Go to College:

1. A better paying job

On average college graduates earn as much as 65% more than high school graduates. Most students want the best paying job they can get.

2. A more secure future

Statistics show that people with higher levels of education and advanced training tend to have better job security and stay ahead of unemployment curves.

3. Respect

Going to college and earning a certificate, a diploma, or a degree will help you feel better about yourself and also help you gain more responsibility and get promotions at work.

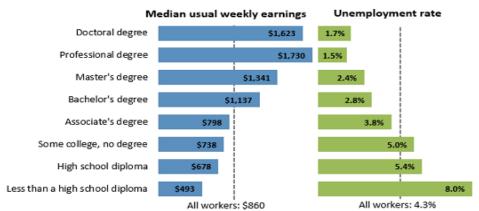
4. More choices

Most jobs today require specialized training that you can only get in college. That means you will need 1, 2, 4, or more years of education and training after high school to be prepared for jobs in your future.

5. **Be the first!**

Are you hesitant because no one in your family has gone to college? Start a tradition! Education and training in college can have a positive impact on you and your entire family.

Earnings and unemployment rates by educational attainment, 2015



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers. Source: U.S. Bureau of Labor Statistics, Current Population Survey

GENERATIONAL QUIZ

How

much are you like each generation?

Answer yes or no to each question. Then tally your totally number of yes's in each column. The higer your score the more charectiscts you share with that generation.

| Traditionalists Born 1900 - 1945 | No | Yes |
|--|--|--|
| I was alive during the Great Depression? | | |
| I have sent a telegraph message? | | |
| I remember both world wars? | | |
| A motto I often heard was Waste Not, Want Not | | |
| I worked my entire adult life in one (maybe 2) place of work? | | |
| What authorities say go, I do not question people in authority? | | |
| I drove when driver's licenses were not required by law? | | |
| I prefer phone calls over emails and texting? | | |
| I have retired from a job? | | |
| I have a landline phone in my home? | | |
| Children in my days were to be seen, not heard. | | |
| Do you consider yourself a religious person? | | |
| Technology is a challenge for me? | | |
| I have tradiational values; value brick and mortar education and working hard. | | |
| Total Number of Questions answered YES | | |
| | | |
| Boomers Born 1946 - 1964 | No | Yes |
| I recall seeing news and politics on the War on Drugs? | | |
| I remember when a phone had to be connected to the wall? | | |
| My community and family are extremely important. | | |
| I had a job while I was in high school? | | |
| I worked my entire adult life in one (maybe 2) place of work? | | |
| What authorities say go, I do not question people in authority? | | |
| I grew up in an era where families had many children. | | |
| Workplaces should have structual fairness and opportunity. | | |
| I prefer phone calls over emails and texting? | | |
| I have retired from a job? | | |
| I have a landline phone in my home? | | |
| I recall when Fall of the Berlin Wall? | | |
| Do you consider yourself a religious person? | | |
| I like competition. | | |
| Total Number of Questions answered YES | | |
| Gen X Born 1965 - 1976 | No | Yes |
| I have had more than 10 jobs in my life? | 110 | 100 |
| Flexibility and freedom in my job is highly important? | | |
| I got my drivers license as soon as I was eligible to drive. | † | |
| I prefer emails over phone calls and texting? | | |
| I do not like to be micro-managed? | | |
| Tao hot into to be fillere managea: | 1 | ı |

| A higher percentage of women started working during my life time? have a landline phone in my home? recall the Fall of the Berlin Wall? adapt well to change and I am tolerant of alternative lifestyles? remember the 9/11 attacks? Work and life need to have balance? did not grow up with technology, but I am still comfortable with most technology. played board games growing up or my friends did? had a job while I was in high school? Total Number of Questions answered YES Millennials Born 1977 - 1997 (2000) No remember the 9/11 attacks? Most people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? =amily is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. got my drivers license the day I was eligible. | |
|---|-----|
| recall the Fall of the Berlin Wall? adapt well to change and I am tolerant of alternative lifestyles? remember the 9/11 attacks? Work and life need to have balance? did not grow up with technology, but I am still comfortable with most technology. played board games growing up or my friends did? had a job while I was in high school? Fotal Number of Questions answered YES Willennials Born 1977 - 1997 (2000) No remember the 9/11 attacks? Wost people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| adapt well to change and I am tolerant of alternative lifestyles? remember the 9/11 attacks? Work and life need to have balance? did not grow up with technology, but I am still comfortable with most technology. played board games growing up or my friends did? had a job while I was in high school? Fotal Number of Questions answered YES Willennials Born 1977 - 1997 (2000) No remember the 9/11 attacks? Wost people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| remember the 9/11 attacks? Work and life need to have balance? did not grow up with technology, but I am still comfortable with most technology. played board games growing up or my friends did? had a job while I was in high school? Fotal Number of Questions answered YES Willennials Born 1977 - 1997 (2000) No remember the 9/11 attacks? Wost people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? Wy generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| Mork and life need to have balance? did not grow up with technology, but I am still comfortable with most technology. played board games growing up or my friends did? had a job while I was in high school? Fotal Number of Questions answered YES Millennials Born 1977 - 1997 (2000) No remember the 9/11 attacks? Most people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? Multitasking is a part of my everyday life and I think I am good at it. | |
| did not grow up with technology, but I am still comfortable with most technology. played board games growing up or my friends did? had a job while I was in high school? Total Number of Questions answered YES Millennials Born 1977 - 1997 (2000) remember the 9/11 attacks? Most people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| played board games growing up or my friends did? had a job while I was in high school? Total Number of Questions answered YES Millennials Born 1977 - 1997 (2000) No remember the 9/11 attacks? Most people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? Multitasking is a part of my everyday life and I think I am good at it. | |
| had a job while I was in high school? Fotal Number of Questions answered YES Millennials Born 1977 - 1997 (2000) No remember the 9/11 attacks? Most people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| Millennials Born 1977 - 1997 (2000) No remember the 9/11 attacks? Most people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? | |
| Millennials Born 1977 - 1997 (2000) remember the 9/11 attacks? Most people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| remember the 9/11 attacks? Most people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| Most people my age are Tech Savvy? remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | Yes |
| remember when home phones became wireless? would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| would prefer a higher working wage and work less? prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| prefer to be challenged at work and I will challege authority at work? Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| Family is more important than work. If not married, I spend time with nieces, siblings, etc. prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| prefer texting over phone calls? had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| had use of internet in high school Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| Social Media was a part of my teenage years? My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| My generation is diverse? Multitasking is a part of my everyday life and I think I am good at it. | |
| Multitasking is a part of my everyday life and I think I am good at it. | |
| | |
| got my drivers license the day I was eligible | |
| got my unvers neemse the day i was engine. | |
| consider my self spiritual, not religious? | |
| am always looking for the next best opportunity to achieve something. | |
| Total Number of Questions answered YES | |
| -Generation - 1997(2000) - ? | Yes |
| My first cell phone was a smart phone? | 100 |
| During grade school most kids had cell phones. | |
| Apps are easier to use than computers? | |
| spent at least one hour texting in the last 24 hours? | |
| have a snapchat account? | |
| Do you agree that safe spaces are good ideas? | |
| Are you a polictical independent? | |
| n grade school I submit assignments to teachers electronically? | |
| prefer texting over phone calls? | |
| prefer to work alone or online. | |
| Social Media was a part of my childhood and teenage years? | |
| would prefer a cool product over a cool experience? | |
| My generation is diverse, and at least 25 - 30 % of my school is non-white? | |
| Multitasking is a part of my everyday life and I think I am good at it. | |
| Fotal Number of Questions answered YES | |

Mindset Quiz

Place a check in the column that identifies the extent to which you agree or disagree with the statement.

| | Strongly Agree | Agree | Disagree | Strongly Disagree |
|---|-------------------|-------|----------|----------------------|
| 1. Your intelligence is something very basic about you that you can't change very much. | 0 | 1 | 2 | 3 |
| 2. No matter how much intelligence you have, you can always change it quite a bit. | 3 | 2 | 1 | 0 |
| 3. You can always substantially change how intelligent you are. | 3 | 2 | 1 | 0 |
| 4. You are a certain kind of person, and there is not much that can be done to really change that. | 0 | 1 | 2 | 3 |
| 5. You can always change basic things about the kind of person you are. | 3 | 2 | 1 | 0 |
| 6. Music talent can be learned by anyone. | 3 | 2 | 1 | 0 |
| 7. Only a few people will be truly good at sports – you have to be "born with it." | 0 | 1 | 2 | 3 |
| 8. Math is much easier to learn if you are male or maybe come from a culture who values math. | 0 | 1 | 2 | 3 |
| 9. The harder you work at something, the better you will be at it. | 3 | 2 | 1 | 0 |
| 10. No matter what kind of person you are, you can always change substantially. | 3 | 2 | 1 | 0 |
| 11. Trying new things is stressful for me and I avoid it. | 0 | 1 | 2 | 3 |
| 12. Some people are good and kind, and some are not – it's not often that people change. | 0 | 1 | 2 | 3 |
| 13. I appreciate when parents, coaches, teachers give me feedback about my performance. | 3 | 2 | 1 | 0 |
| 14. I often get angry when I get feedback about my performance. | 0 | 1 | 2 | 3 |
| 15. All human beings without a brain injury or birth defect are capable of the same amount of learning. | 3 | 2 | 1 | 0 |
| 16. You can learn new things, but you can't really change how intelligent you are. | 0 | 1 | 2 | 3 |
| 17. You can do things differently, but the important parts of who you are can't really be changed. | 0 | 1 | 2 | 3 |
| 18. Human beings are basically good, but sometimes make terrible decisions. | 3 | 2 | 1 | 0 |
| 19. An important reason why I do my school work is that I like to learn new things. | 3 | 2 | 1 | 0 |
| 20. Truly smart people do not need to try hard. | 0 | 1 | 2 | 3 |

Strong Growth Mindset = 45 - 60 points

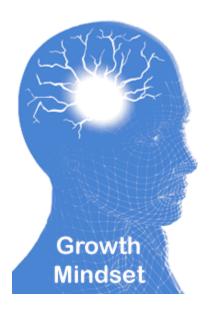
Growth Mindset with some Fixed ideas = 34 - 44 points

Fixed Mindset with some Growth ideas = 21 - 33 points

Strong Fixed Mindset = 0-20 points

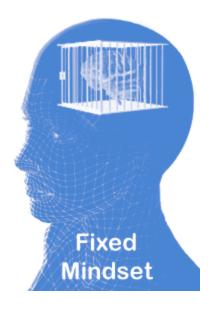
Adapted from:

http://www.classroom20.com/forum/topics/motivating-students-with



Growth Mindset

Assumes that intelligence and other qualities, abilities, and talents can be developed with effort, learning, and dedication.



Fixed Mindset

Assumes that intelligence and other qualities, abilities, and talents are fixed traits that cannot be significantly developed.



Worth of Education

2018-2019

| Grov | wth | 2. | Fixed | Midse |
|-------|---------|------------|-------|---------|
| יט וב | VV 11 1 | $^{\circ}$ | INCU | 1411030 |

Fixed Mindset

Assumes that Intelligence and other qualities, abilities, and talents are fixed traits that cannot be significantly developed.

Growth Mindset

Assumes that intelligence and other qualities, abilities, and talents can be developed with effort, learning, and dedication.

Mindset Activity

Think of:

| | Wilma Rudolph | Sonia Sotomayor | Malala Yousafzai | Abdullahi |
|----|----------------------------|------------------|------------------|-----------|
| 1. | What obstacles did he/she | face? | | |
| 2. | How did he/she overcome | e this obstacle? | | |
| 3. | How do you relate to his/h | ner experience? | | |
| 4. | How can you overcome th | is obstacle? | | |

| Changing our fixed mindset |
|--|
| What is a fixed mindset statement I always say? |
| How do I rewrite it? |
| What is a fixed mindset my parent/student always says? |
| How do I rewrite it? |
| Positive vs Negative Thinking |
| |

KEEP YOUR THOUGHTS POSITIVE BECAUSE YOUR THOUGHTS BECOME YOUR WORDS.

KEEP YOUR WORDS POSITIVE BECAUSE YOUR WORDS BECOME YOUR BEHAVIOR.

KEEP YOUR BEHAVIOR POSITIVE BECAUSE YOUR BEHAVIOR BECOMES YOUR HABITS.

KEEP YOUR HABITS POSITIVE BECAUSE YOUR HABITS BECOME YOUR VALUES.

KEEP YOUR VALUES POSITIVE BECAUSE YOUR VALUES BECOME YOUR DESTINY.

- Gandhi

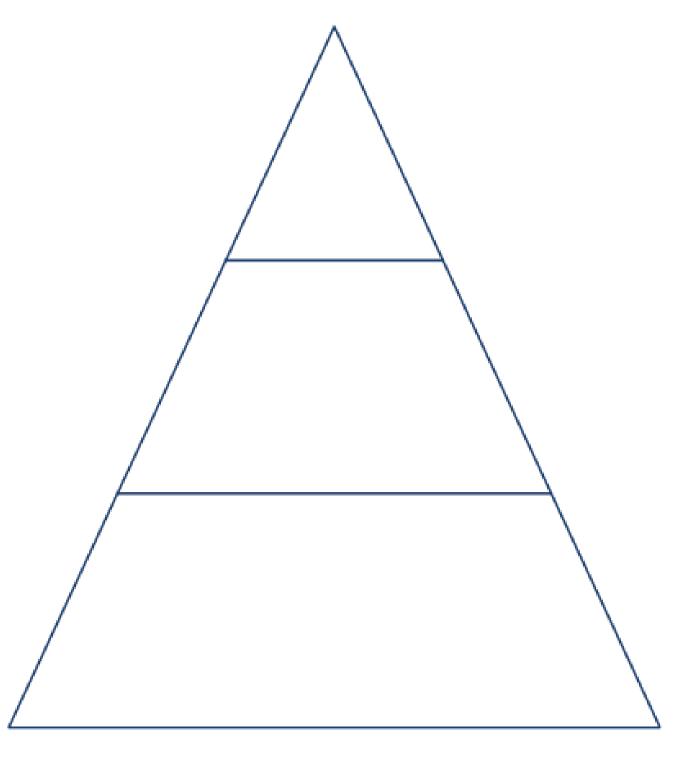
SMART Goals Worksheet

| Name: | Date: |
|---|---|
| everyday life. Setting goals and achieving | t to accomplish (a goal) is important in education, a career and in g them is a skill that you can learn and practice throughout your life Here is a template that you can use to help define a goal. Complete Each Box |
| Specific | |
| What is the desired result? (who, what, when, why, how) How are you going to do it? | |
| Measurable | |
| How much and how many? | |
| How can you measure progress? | |
| Attainable/Achievable | |
| What skills are needed? | |
| What resources are necessary? | |
| Is the goal within your reach? | |
| Realistic | |
| Is the goal do-able? Not easy or | |
| ridiculous | |
| Time-bound | |
| What is the deadline? | |
| Is the deadline realistic? | |
| Using your ideas from above write | e your SMART Goal: |
| What barriers will you face to achieve | your goal and how will you overcome them? |
| Goal Progress Review: Date: | |

Name: ______ Date: _____

Support Pyramid

- Write in your main supports at the bottom of the pyramid
- Write in those that provide support occasionally in the next part of the triangle.
- Write in your emergency supports in the top part of the triangle





- 1. Exercise (running, walking, etc.).
- 2. Put on fake tattoos.
- 3. Write (poetry, stories, journal).
- 4. Scribble/doodle on paper.
- 5. Be with other people.
- 6. Watch a favorite TV show.
- Post on web boards, and answer others' posts.
- 8. Go see a movie.
- 9. Do a wordsearch or crossword.
- 10 Do schoolwork
- 11. Play a musical instrument.
- 12. Paint your nails, do your make-up or hair.
- 13. Sing.
- 14. Study the sky.
- 15. Punch a punching bag.
- Cover yourself with Band-Aids where you want to cut.
- 17. Let yourself cry.
- 18. Take a nap (only if you are tired).
- 19. Take a hot shower or relaxing bath.
- 20. Play with a pet.
- 21. Go shopping.
- 22. Clean something.
- 23. Knit or sew.
- 24. Read a good book.
- 25. Listen to music.
- 26. Try some aromatherapy (candle, lotion, room spray).
- 27. Meditate.
- 28. Go somewhere very public.
- 29. Bake cookies.
- 30. Alphabetize your CDs/DVDs/books.
- 31. Paint or draw.
- 32. Rip paper into itty-bitty pieces
- 33. Shoot hoops, kick a ball.
- 34. Write a letter or send an email.
- 35. Plan your dream room (colors/furniture).

- 36. Hug a pillow or stuffed animal.
- 37. Hyperfocus on something like a rock, hand, etc.
- 38. Dance.
- 39. Make hot chocolate, milkshake or smoothie.
- 40. Play with modeling clay or Play-Dough.
- 41. Build a pillow fort.
- 42. Go for a nice, long drive.
- 43. Complete something you've been putting off.
- 44. Draw on yourself with a marker.
- 45. Take up a new hobby.
- 46. Look up recipes, cook a meal.
- 47. Look at pretty things, like flowers or art.
- 48. Create or build something.
- 49. Pray.
- 50. Make a list of blessings in your life.
- 51. Read the Bible.
- 52. Go to a friend's house.
- 53. Jump on a trampoline.
- 54. Watch an old, happy movie.
- 55. Contact a hotline/your therapist.
- 56. Talk to someone close to you.
- 57. Ride a bicycle.
- 58. Feed the ducks, birds, or squirrels.
- 59. Color with Crayons.
- 60. Memorize a poem, play, or song.
- 61. Stretch.
- 62. Search for ridiculous things on the internet.
- 63. "Shop" on-line (without buying anything).
- 64. Color-coordinate your wardrobe.
- 65. Watch fish.
- 66. Make a CD/playlist of your favorite songs.
- 67. Play the "15 minute game." (Avoid something for 15 minutes, when time is up start again.)
- 68. Plan your wedding/prom/other event.
- 69. Plant some seeds.
- 70. Hunt for your perfect home or car on-line.

- 71. Try to make as many words out of your full name as possible .
- 72. Sort through your photographs.
- 73. Play with a balloon.
- 74. Give yourself a facial.
- 75. Find yourself some toys and play.
- 76. Start collecting something.
- 77. Play video/computer games.
- 78. Clean up trash at your local park.
- 79. Perform a random act of kindness for someone.
- 80. Text or call an old friend.
- 81. Write yourself an "I love you because..." letter.
- 82. Look up new words and use them.
- 83. Rearrange furniture.
- 84. Write a letter to someone that you may never send.
- 85. Smile at least five people.
- 86. Play with little kids.
- 87. Go for a walk (with or without a friend).
- 88. Put a puzzle together.
- 89. Clean your room /closet.
- 90. Try to do handstands, cartwheels, or backbends.
- 91. Youa.
- 92. Teach your pet a new trick.
- 93. Learn a new language.
- 94. Move EVERYTHING in your room to a new spot.
- 95. Get together with friends and play Frisbee, soccer or basketball.
- 96. Hug a friend or family member.
- Search on-line for new songs/ artists.
- Make a list of goals for the week/ month/year/5 years.
- 99. Face paint.



www.yourlifeyourvoice.org

Need a quick-or not so quick stress-break? Fresh out of ideas? Try one of these:

Apologize for a mistake. Stand up and streto

ANGRY? TALK TO A FRIEND ABOUT

an old friend.

Build a model ship.

someone "I love you."

Change coffee break to exercise break.

Work a crossword puzzle.

look out the window.

Stop and

Close your eves. What do you see?

Count to ten-or 1000-before exploding. Count your blessings—make a list.

WATCH A REALLY GOOD MOVIE.

Play with

GO your dog.

□ Cut back on caffeine.

spend your coffee break AM at the beach.

Do one thing at a time.

Fly a kite. Get a massage. Get a pet.

Find someone you're grateful to and thank them.

🚄 Get a good night's sleep.

Eat a good breakfast.

Get up fifteen minutes early.

Keep a journal of thoughts and feelings.

fishing for a brisk walk. swimming. to work a different way.

₹

round

Ø

Hug a tree.

Hug someone

ያያጠያጠ. Laugh at something you di Leave the car at home and take the bus. Lie in a

11

паттоск.

closelu at a flower, leaf, blade of grass or tree trunk.

Read a good book.

Smell a rose.

READ SOMETHING

WASH THE CAR.

Ride vour bike 🦊 to work.

Plant a flower.

FUNNY EVER Parameter State of Share feelings with someone.

your eyes and hear the water.

SING A SONG.

a cat in your lap.

...on some music.

...plants in your office. .your feet up.

WEAR EARPLUGS WHEN IT'S NOISY.

Listen to the birds.

Make a list. Then follow it.

✓ Take a child to the playground.

✓ Take a deep breath and let it all out. ✓ Take a leisurely stroll.

✓ Take a long bath.

✓ Take a nap.

✓ Take an herb tea break.

✓ Take one day at a time.

✓ Take the back roads.

✓ Take the stairs.

√Take time for the sunset—or sunrise. ✓ Take up knitting.

Write a letter to the editor.

TALK TO YOURSELF: "I CAN DO A GREAT JOB." "I CAN STAY CALM UNDER PRESSURE."

Paint a peaceful scene—in your imagination.

Spend an evenina without ŤV.

down your fears. down your dreams. ver your congressman.

Watch a cloud for 5 minutes. Watch an ant or other

Sit by a fire.

Turn cocktail hour into exercise hour.

Walk barefoot in the grass. Distributed under license, © Parlay International (v.4) 1600.043 Only Licensees may copy or distribute this page, electronically or otherwise. For license information call 800-457-2752 or visit www.parlay.com

your smoking. Write a poem.

Do a good deed.

Lift weights





PART 1:

Jennifer

When I was 15, my parents paid me to assemble a bike for my little sister's birthday. I'm one of those people who can always see how things are supposed to fit together. My job as an aircraft mechanic lets me use that talent every day. I feel a sense of accomplishment when I can fix something and make it work.



Doug

As a forester, I help to protect our natural resources. I devise ways to safely use the land, and regenerate and improve forests. Plus I get to enjoy the outdoors.



REALISTIC

Realistic individuals prefer work activities that include practical, hands-on problems and solutions, such as designing, building, and repairing machinery. They tend to enjoy working outside with plants and animals or using tools and machinery. Realistic types generally prefer to work with things rather than people.

Realistic occupations generally require workers to have physical and mechanical abilities.

Examples of Realistic occupations include:

- Anesthesiologist Assistant
- Broadcast Technician
- Construction and Building Inspector
- Cook
- Dental Laboratory Technician
- Electrician
- Firefighter
- Forest and Conservation Worker
- Security Management Specialist
- Transportation Engineer
- Umpire, Referee, and Other Sports Official

The OCCU-Find lists many more Realistic occupations on pages 26-29.





Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

 $\textbf{Key} \ / \ \textbf{Importance of Skills:} \qquad \textbf{Very important} \qquad \textbf{ } \sqrt{} \sqrt{} \ \textbf{Moderately important} \qquad \sqrt{} \ \textbf{Less important}$

| | | 2nd Skill Importance Ratir | | | e Ratings _ |
|--------------------|---|----------------------------|------------|------------|-------------------|
| Explore Further | Occupational Titles | Interest Code | Verbal | Math | Science/ Tech. |
| I 1 | Aerospace Engineering and Operations Technicians | I | ✓ | 111 | 111 |
| [] | Agricultural and Food Science Technicians | I | 4 | /// | 111 |
| [] | Agricultural Inspectors | С | / / | // | / / |
| I 1 | Air Crew Members | С | ✓ | /// | /// |
| I 1 | Air Crew Officers | С | / / | /// | /// |
| [] | Aircraft Launch and Recovery Specialists | С | ✓ | ✓ | 4 4 |
| [] | Aircraft Mechanics and Service Technicians | С | 4 4 | 111 | /// |
| [] | Aircraft Structure, Surfaces, Rigging, and Systems Assemblers | С | ✓ | 44 | 111 |
| [] | Airline Pilots, Copilots, and Flight Engineers | С | 111 | 111 | 111 |
| [] | Ambulance Drivers and Attendants | S | 44 | 44 | 4 |
| [] | Anesthesiologist Assistants | S | 44 | 111 | 111 |
| [] | Animal Control Workers | S/C | 444 | 44 | ✓ |
| [] | Animal Trainers | S/C | 4 | 44 | 4 4 |
| [] | Armored Assault Vehicle Crew Members | С | ✓ | 44 | 4 |
| [] | Artillery and Missile Crew Members | С | ✓ | /// | /// |
| I 1 | Athletes and Sports Competitors | Е | ✓ | ✓ | ✓ |
| I 1 | Audio and Video Equipment Technicians | I | / / | ✓ | /// |
| [] | Automotive Body and Related Repairers | C/E | ✓ | ✓ | /// |
| [] | Automotive Mechanics and Service Technicians | I | ✓ | 44 | /// |
| [] | Aviation Inspectors | С | /// | /// | /// |
| [] | Avionics Technicians | C/I | 4 4 | 111 | /// |
| [] | Bailiffs | C/E | 44 | ✓ | ✓ |
| [] | Bakers | С | ✓ | 44 | ✓ |
| [] | Biological Technicians | I | ✓ | 44 | 44 |
| [] | Brickmasons and Blockmasons | C/I | ✓ | 44 | ✓ |
| [] | Broadcast Technicians | С | 4 | 4 4 | /// |
| [] | Bus and Truck Mechanics and Diesel Engine Specialists | С | ✓ | 4 4 | /// |
| [] | Bus Drivers | S | ✓ | 44 | ✓ |
| [] | Cabinetmakers | С | ✓ | 44 | 444 |
| [] | Cardiovascular Technologists and Technicians | I/S | / / | /// | /// |
| [] | Carpenters | С | ✓ | /// | /// |
| [] | Carpet Installers | Е | ✓ | 4 4 | 4 |
| [] | Cartographers and Photogrammetrists | C/I | ✓ | 111 | 44 |
| [] | Civil Engineering Technicians | С | /// | /// | 4 4 |
| | | | | | |



Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

Key / Importance of Skills: **√**√√ Very important **√**✓ Moderately important Less important Explore Further Occupational Titles 1 Civil Engineers 111 111 111 Cleaners of Vehicles and Equipment С 1 ✓ ✓ Command and Control Center Officers Е 111 11 111 Command and Control Center Specialists C 11 11 111 1 Commercial Divers C/E ✓ ✓ 111 1 Computer, Automated Teller, and Office Machine Repairers С 111 111 111 Computer User Support Specialists 1 C/I Г 111 √√ 111 Construction and Building Inspectors С 1 11 111 $\checkmark\checkmark\checkmark$ Е 1 Cooks 11 ✓ ✓ Correctional Officers and Jailers Е 1 Couriers and Messengers C ✓ 11 Crane and Tower Operators С 1 11 11 **Dental Laboratory Technicians** 1 1 Ι ✓ √√ Dining Room and Cafeteria Attendants and Bartender Helpers С Drywall, Tile, and Marble Installers C 1 ✓ √√ √√ Electric Motor, Power Tool, and Related Repairers С ✓ 11 111 1 Electrical and Electronic Engineering Technicians Ι 111 111 $\checkmark\checkmark\checkmark$ **Electrical Drafters** C/I 1 11 111 111 1 Electricians C/I ✓ $\checkmark\checkmark$ $\checkmark\checkmark\checkmark$ 1 Electro-Mechanical Technicians √√ 111 111 1 Elevator Installers and Repairers ✓ 11 111 1 Explosives Workers, Ordnance Handling Experts, and Blasters √√ 111 $\checkmark\checkmark\checkmark$ C 1 Farmworkers and Laborers, Crop, Nursery, and Greenhouse ✓ ✓ √√ S 1 Firefighters 11 11 11 Fish and Game Wardens ı ✓ 1 Food Preparation Workers C ✓ 11 Forest and Conservation Workers C ✓ ✓ 11 Foresters and Conservation Technicians 11 111 111 C 1 Freight and Cargo Inspectors √√ 111 11 Geological and Petroleum Technicians 11 111 **///** С 1 Hazardous Materials Removal Workers ✓ 11 11 Heating, Air Conditioning, and Refrigeration Mechanics and Installers C/I ✓ 11 $\checkmark\checkmark\checkmark$ С 1 **Highway Maintenance Workers** ✓ ✓ √√ Housekeeping and Janitorial Workers С



Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

Key / Importance of Skills:

√√✓ Very important

√
✓ Moderately important

✓ Less important

| 6 1 | | 2nd | Skill Importance Ratings | | | |
|--------------------|---|------------------|--------------------------|------------|-------------------|--|
| Explore Further | Occupational Titles | Interest Code | Verbal | Math | Science/ Tech. | |
| [] | Industrial Machinery Mechanics | - 1 | ✓ | 44 | 111 | |
| [] | Industrial Truck and Tractor Operators | С | ✓ | / / | 11 | |
| [] | Infantry | С | ✓ | ✓ | ✓ | |
| [] | Jewelers and Precious Stone and Metal Workers | Α | ✓ | // | 11 | |
| [] | Landscaping and Groundskeeping Workers | С | ✓ | ✓ | / / | |
| [] | Laundry and Drycleaning Workers | С | ✓ | ✓ | // | |
| [] | Lifeguards, Ski Patrol, and Other Recreational Protective Service Workers | S | / / | ✓ | / / | |
| [] | Locksmiths and Safe Repairers | С | ✓ | ✓ | 111 | |
| [] | Logging Equipment Operators | C/I | ✓ | ✓ | /// | |
| [] | Machinists | С | // | /// | 111 | |
| [] | Maintenance and Repair Workers, General | С | ✓ | // | 111 | |
| [] | Manicurists and Pedicurists | Е | ✓ | ✓ | ✓ | |
| [] | Meat, Poultry, and Fish Cutters and Trimmers | С | ✓ | ✓ | ✓ | |
| [] | Mechanical Engineering Technicians | I | /// | /// | 111 | |
| [] | Medical and Clinical Laboratory Technicians | I | ✓ | /// | 111 | |
| [] | Medical Appliance Technicians | I | // | // | 111 | |
| [] | Medical Equipment Preparers | С | ✓ | // | / / | |
| [] | Medical Equipment Repairers | I | // | // | 111 | |
| [] | Mobile Heavy Equipment Mechanics | С | ✓ | ✓ | 111 | |
| [] | Motorboat Operators | C/E | ✓ | ✓ | // | |
| [] | Motorcycle Mechanics | С | ✓ | ✓ | 111 | |
| [] | Museum Technicians and Conservators | Α | ✓ | ✓ | ✓ | |
| [] | Musical Instrument Repairers and Tuners | A | ✓ | 44 | // | |
| [] | Nuclear Power Reactor Operators | С | 11 | 4 4 | 111 | |
| [] | Nuclear Technicians | С | 11 | 111 | 111 | |
| [] | Nursery Workers | С | ✓ | ✓ | ✓ | |
| [] | Operating Engineers and Other Construction Equipment Operators | С | ✓ | ✓ | // | |
| [] | Ophthalmic Laboratory Technicians | С | ✓ | 44 | 11 | |
| [] | Oral and Maxillofacial Surgeons | S | / / | 111 | /// | |
| [] | Outdoor Power Equipment and Other Small Engine Mechanics | С | ✓ | ✓ | 111 | |
| [] | Packers and Freight, Stock, and Material Movers | С | ✓ | ✓ | ✓ | |
| [] | Painters and Paperhangers | С | ✓ | ✓ | 11 | |
| [] | Parking Enforcement Workers | С | // | ✓ | ✓ | |
| [] | Parking Lot Attendants | С | ✓ | ✓ | ✓ | |
| | | | | | | |



Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

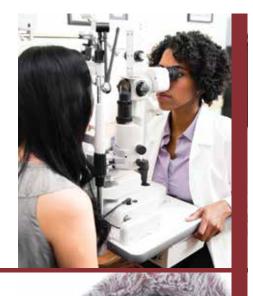
Key / Importance of Skills: Very important V Moderately important V Less important

| - 1 | | 2nd | d Skill Importance | | Ratings | |
|--------------------|---|------------------|--------------------|------------|-------------------|--|
| Explore Further | Occupational Titles | Interest Code | Verbal | Math | Science/ Tech. | |
| [] | Pest Control Workers | С | ✓ | 11 | 11 | |
| [] | Photographic Process Workers | С | ✓ | ✓ | // | |
| [] | Plasterers and Stucco Masons | A/C | ✓ | ✓ | √ √ | |
| [] | Plumbers, Pipefitters, and Steamfitters | С | ✓ | // | /// | |
| [] | Police Patrol Officers | Е | /// | ✓ | ✓ | |
| [] | Power Plant Operators | С | ✓ | // | /// | |
| [] | Printing Press Operators | С | ✓ | // | // | |
| [] | Pump Operators | С | ✓ | // | /// | |
| [] | Radar and Sonar Technicians | С | ✓ | √ √ | /// | |
| [] | Radiologic Technologists and Technicians | S | 4 4 | // | 4 | |
| [] | Refuse and Recyclable Material Collectors | С | ✓ | ✓ | √ √ | |
| [] | Roofers | С | ✓ | ✓ | √ √ | |
| [] | Sailors and Marine Oilers | С | ✓ | √ √ | √ √ | |
| [] | Security Guards | С | ✓ | ✓ | ✓ | |
| [] | Security Management Specialists | I | 4 4 | ✓ | /// | |
| [] | Ship Engineers | С | 4 4 | ✓ | /// | |
| [] | Ship Pilots | C/E | 4 4 | // | √ √ | |
| [] | Sound Engineering Technicians | А | ✓ | ✓ | 111 | |
| [] | Special Forces | Е | 4 | // | /// | |
| [] | Surgical Technologists | S | ✓ | // | /// | |
| [] | Surveying Technicians | С | ✓ | 4 | 4 | |
| [] | Surveyors | C/I | /// | 111 | /// | |
| [] | Taxi Drivers and Chauffeurs | Е | ✓ | ✓ | ✓ | |
| [] | Telecommunications Line Installers and Repairers | Е | ✓ | // | /// | |
| [] | Transit and Railroad Police | Е | 4 4 | ✓ | ✓ | |
| [] | Transportation Engineers | - 1 | 4 4 | 111 | /// | |
| [] | Tree Trimmers and Pruners | C/E | ✓ | ✓ | 4 | |
| [] | Truck Drivers | С | ✓ | 4 | 4 | |
| [] | Umpires, Referees, and Other Sports Officials | Е | 4 4 | // | ✓ | |
| [] | Upholsterers | Е | ✓ | // | 4 | |
| [] | Veterinary Assistants and Animal Caretakers | S | ✓ | ✓ | // | |
| [] | Water and Wastewater Treatment Plant and System Operators | С | ✓ | // | 111 | |
| [] | Welders, Cutters, Solderers, and Brazers | С | ✓ | // | /// | |
| [] | Woodworking Machine Setters, Operators, and Tenders | С | ✓ | 11 | 111 | |



Keisha

Science was my favorite subject in school. As an Optometrist, I'm challenged every day to use my scientific background to make diagnoses and determine treatments for my patients.



Mike

I find my research in the Arctic to be challenging and very fulfilling. I enjoy studying firsthand how the extreme climate impacts animal and plant life.



INVESTIGATIVE

Investigative individuals prefer analytical or intellectual activities such as reading, studying, investigating, evaluating, and problem solving. Investigative types generally prefer to work with ideas rather than with people or things.

Investigative occupations generally require workers to have mathematical and scientific abilities.

Examples of Investigative occupations include:

- Anthropologist
- Biomedical Engineer
- Chemist
- Computer Network Architect
- Dentist
- Dietitian and Nutritionist
- Environmental Engineer
- Fire Investigator
- Forensic Science Technician
- Market Research Analyst
- Medical Scientist
- Pharmacist
- Soil and Water Conservationist
- Sports Medicine Physician
- Urban and Regional Planner
- Veterinarian

The OCCU-Find lists many more Investigative occupations on pages 30-31.





INVESTIGATIVE OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

Key / Importance of Skills: ✓✓✓ **Very important** ✓✓ **Moderately important** ✓✓ **Less important**

| | | 2nd Skill Importan | | | nce Ratinas — | | |
|--------------------|--|--------------------|------------|-------------|----------------------------------|--|--|
| Explore Further | Occupational Titles | Interest | Verbal | Math | Science/ | | |
| f 1 | Aerospace Engineers | Code R | √√ | 111 | Tech. | | |
| I 1 | Agricultural Engineers | | /// | /// | /// | | |
| I 1 | Anesthesiologists | R/S | √√√ | √√√ | √√√ | | |
| I 1 | Anthropologists and Archeologists | A | √√√ | | √ √ | | |
| I 1 | Astronomers | A | √√√ | /// | /// | | |
| I 1 | Atmospheric and Space Scientists | | /// | /// | | | |
| I 1 | Audiologists | S | √√√ | ✓ ✓ | | | |
| I 1 | Biochemists and Biophysicists | | ✓ ✓ | √√√ | | | |
| I I | Biologists | A R | | | | | |
| I 1 | | R | 444 | 44 | 444 | | |
| L 1 | Biomedical Engineers | | √√√ | 111 | 111 | | |
| 1 1 | Chemical Engineers | R | √ | 111 | 111 | | |
| 1 1 | Chemical Technicians | R | √√ | 111 | 111 | | |
| 1 1 | Chemists | R | √√ | √√√ | 111 | | |
| <u> </u> | Clinical and School Psychologists | S | √√√ | √√ | √√ | | |
| [] | Computer Hardware Engineers | R | 111 | √√√ | 444 | | |
| [] | Computer Network Architects | С | √√√ | 444 | √√√ | | |
| [] | Computer Programmers | С | √√ | 444 | √√√ | | |
| [] | Computer Systems Analysts | С | √ √ | √√√ | $\checkmark\checkmark\checkmark$ | | |
| [] | Dentists, General | R | √√ | √√√ | /// | | |
| [] | Diagnostic Medical Sonographers | S | /// | √ √ | /// | | |
| [] | Dietitians and Nutritionists | S | /// | /// | ✓ | | |
| [] | Economists | С | /// | 444 | ✓ | | |
| [] | Electrical Engineers | R | /// | /// | $\checkmark\checkmark\checkmark$ | | |
| [] | Electronics Engineers | R | 4 | √√ | $\checkmark\checkmark\checkmark$ | | |
| [] | Environmental Engineers | R | /// | /// | /// | | |
| [] | Environmental Science and Protection Technicians, Including Health | R | 11 | /// | /// | | |
| [] | Environmental Scientists and Specialists, Including Health | R | 4 | 111 | V V V | | |
| [] | Epidemiologists | S | /// | /// | /// | | |
| [] | Family and General Practitioners | S | /// | /// | /// | | |
| [] | Fire Investigators | R | 111 | 111 | /// | | |
| [] | Food Scientists and Technologists | R | 44 | 111 | 111 | | |
| [] | Forensic Science Technicians | R | /// | 111 | /// | | |
| [] | Geographers | R | /// | /// | /// | | |
| [] | Geoscientists | R | 4 | /// | /// | | |
| [] | Health and Safety Engineers | R | /// | /// | /// | | |
| [] | Historians | С | /// | 4 4 | 4 | | |
| [] | Hydrologists | R | / / | /// | /// | | |
| | | | | | | | |



INVESTIGATIVE OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

Key / Importance of Skills: ✓✓✓ **Very important** ✓✓ **Moderately important** ✓✓ **Less important**

| - I | | 2nd | Skill In | nportance F | ance Ratings | | |
|--------------------|--|------------------|----------------------------------|-------------|-------------------|--|--|
| Explore Further | Occupational Titles | Interest Code | Verbal | Math | Science/ Tech. | | |
| [] | Industrial Engineering Technicians | C/R | 11 | 111 | 111 | | |
| [] | Industrial Engineers | C/E | // | /// | /// | | |
| [] | Industrial-Organizational Psychologists | Е | /// | /// | / / | | |
| [] | Management Analysts | Е | /// | /// | / / | | |
| [] | Marine Engineers and Naval Architects | R | /// | /// | /// | | |
| [] | Market Research Analysts and Marketing Specialists | Е | /// | /// | ✓ | | |
| [] | Mathematical Technicians | R | ✓ | 111 | // | | |
| [] | Mathematicians | С | ✓ | /// | /// | | |
| [] | Mechanical Engineers | R | $\checkmark\checkmark\checkmark$ | /// | /// | | |
| [] | Medical and Clinical Laboratory Technologists | R | / / | /// | 111 | | |
| [] | Medical Scientists | R/A | /// | 111 | 111 | | |
| [] | Mining and Geological Engineers, Including Mining Safety Engineers | R | // | 111 | 111 | | |
| [] | Neurologists | S | /// | / / | /// | | |
| [] | Nuclear Engineers | R | // | /// | 111 | | |
| [] | Nuclear Medicine Technologists | R | /// | 111 | /// | | |
| [] | Occupational Health and Safety Specialists | С | /// | 11 | 111 | | |
| [] | Operations Research Analysts | С | 111 | 111 | / / | | |
| [] | Optometrists | S | 111 | 111 | 111 | | |
| [] | Orthodontists | R | / / | 11 | 111 | | |
| [] | Pathologists | R | /// | 11 | 111 | | |
| [] | Pediatricians, General | S | 111 | 111 | 111 | | |
| [] | Petroleum Engineers | R | 111 | 111 | 111 | | |
| [] | Pharmacists | С | 111 | 111 | 111 | | |
| I 1 | Physician Assistants | S | /// | 111 | 111 | | |
| [] | Physicists | R | /// | 111 | /// | | |
| [] | Political Scientists | Α | /// | /// | ✓ | | |
| [] | Psychiatrists | S | /// | /// | /// | | |
| [] | Radiologists | R | /// | /// | /// | | |
| [] | Range Managers | R | /// | /// | /// | | |
| [] | Sociologists | А | 111 | 111 | 11 | | |
| [] | Software Developers, Applications | R | 111 | 111 | 111 | | |
| [] | Soil and Plant Scientists | R | 111 | 111 | 111 | | |
| [] | Soil and Water Conservationists | R/E | 111 | 111 | 111 | | |
| [] | Sports Medicine Physicians | S | 111 | 11 | 111 | | |
| [] | Surgeons | R | 111 | 111 | 111 | | |
| [] | Urban and Regional Planners | Е | 111 | // | 11 | | |
| [] | Veterinarians | R | 111 | 111 | 111 | | |
| [] | Zoologists and Wildlife Biologists | R | 111 | 111 | 111 | | |

PART 1:

Christian

I've loved music as long as I can remember. As a Musician in the Navy with the Pacific Fleet Band, I get to perform during humanitarian assistance and disaster relief preparedness missions.



Julie

Working in a flower shop allows me to be creative and express myself. I love working with all kinds of flowers and plants to create the perfect arrangement for each occasion.

Artistic individuals pre

ARTISTIC

Artistic individuals prefer work that involves expressing oneself in original activities like writing, dancing, singing, sculpting, and painting. They tend to enjoy working in a setting where the work can be done without following a clear set of rules. Artistic types generally prefer to work with ideas rather than things.

Artistic occupations generally require workers to have artistic abilities and good imagination.

Examples of Artistic occupations include:

- Actor
- Architect
- Broadcast News Analyst
- Camera Operator
- Cartoonist
- Desktop Publisher
- Film and Video Editor
- Hairstylist
- Interpreter/Translator
- Landscape Architect
- Multi-Media Artist and Animator
- Musician
- Photographer
- Set and Exhibit Designer
- Technical Writer

The OCCU-Find lists many more Artistic occupations on pages 32-33.







ARTISTIC OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

Key / Importance of Skills: Very important V Moderately important V Less important

| Explore | Occupational Titles | 2nd Interest | | nportance l | |
|---------|---|-----------------|------------|-------------|-------------------|
| Further | | Code | Verbal | Math | Science/ Tech. |
| [] | Actors | E | 444 | ✓ | ✓ |
| 1 1 | Architects | 1 | ✓ | // | / / / |
| [] | Architectural and Civil Drafters | R | / / | 444 | 11 |
| [] | Art Directors | Е | 44 | ✓ | 4 4 |
| 1 1 | Art, Drama, and Music Teachers, Postsecondary | S | 111 | ✓ | ✓ |
| 1 1 | Broadcast News Analysts | S | /// | ✓ | ✓ |
| [] | Camera Operators, Television, Video, and Motion Picture | R | ✓ | ✓ | // |
| [] | Cartoonist | R | ✓ | ✓ | ✓ |
| [] | Choreographers | S | // | ✓ | ✓ |
| [] | Commercial and Industrial Designers | Е | 4 4 | 4 4 | /// |
| [] | Copy Writers | Е | 111 | ✓ | ✓ |
| [] | Craft Artists | R | ✓ | ✓ | / / |
| [] | Creative Writers, Poets, and Lyricists | I | /// | ✓ | ✓ |
| 1 1 | Dancers | R | ✓ | ✓ | ✓ |
| [] | Desktop Publishers | I | // | ✓ | 44 |
| [] | Directors, Stage, Motion Pictures, Television, and Radio | Е | /// | ✓ | // |
| [] | Editors | Е | /// | ✓ | ✓ |
| [] | Fashion Designers | Е | ✓ | ✓ | ✓ |
| [] | Film and Video Editors | E/I | 11 | ✓ | 11 |
| 1 1 | Fine Artists, Including Painters, Sculptors, and Illustrators | R | ✓ | ✓ | ✓ |



ARTISTIC OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

//// Very important // Moderately important **Key** / Importance of Skills: Less important Explore Further Floral Designers Ε Graphic Designers E/R 11 √√ Hairdressers, Hairstylists, and Cosmetologists Е Interior Designers Е 11 11 S 111 Interpreters and Translators 111 √√ 111 Landscape Architects Makeup Artists, Theatrical and Performance R Е Merchandise Displayers and Window Trimmers Е Models Multi-Media Artists and Animators 111 Е Music Composers and Arrangers Music Directors Е Е √√ Musicians, Instrumental Painters, Sculptors, and Illustrators R R **Photographers** $\checkmark\checkmark$ Radio and Television Announcers Ε $\checkmark\checkmark\checkmark$ Reporters and Correspondents Е 111 Set and Exhibit Designers R $\checkmark\checkmark$ Singers Е **Technical Writers** $\checkmark\checkmark\checkmark$



Ross

The kids I work with are so eager to learn. I love to share my knowledge of animals with them and I enjoy answering their questions. I think it's great that I can help them explore science in a fun way.

Kali

I took the job as a home health aid because it gives me the opportunity to help people. For me, that's the biggest reward of all.



SOCIAL

Social individuals generally like activities that involve personal interaction with people, such as helping, teaching, counseling, or otherwise being of service to others. Social types prefer to work with people rather than to work with objects, machines, or data.

Social occupations generally require personal interaction and communication skills and abilities.

Examples of Social occupations include:

- Athletic Trainer
- Child Care Worker
- Clergy
- Coach/Scout
- EMT/Paramedic
- Fitness Trainer and Aerobics Instructor
- Massage Therapist
- Park Naturalist
- Probation Officer and Correctional Treatment Specialist
- Registered Nurse
- Speech-Language Pathologist
- Teacher
- Tour Guide
- Waiter/Waitress

The OCCU-Find lists many more Social occupations on pages 34-35.





SOCIAL OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

 $\textbf{Key} \ / \ \textbf{Importance of Skills:} \qquad \textbf{Very important} \qquad \textbf{V} \textbf{Moderately important} \qquad \textbf{V} \textbf{Less important}$

| | | 2nd Skill Importance Ratings | | | | | | |
|--------------------|--|------------------------------|------------|------------|-------------------|--|--|--|
| Explore Further | Occupational Titles | Interest Code | Verbal | Math | Science/ Tech. | | | |
| [] | Adult Literacy, Remedial Education, and GED Teachers and Instructors | Α | 111 | 11 | ✓ | | | |
| [] | Arbitrators, Mediators, and Conciliators | Е | 111 | 11 | ✓ | | | |
| [] | Athletic Trainers | R | 111 | 11 | /// | | | |
| [] | Child Care Workers | Α | / / | ✓ | ✓ | | | |
| [] | Child, Family, and School Social Workers | Е | 111 | 11 | ✓ | | | |
| [] | Chiropractors | I | /// | // | / / | | | |
| [] | Clergy | E/A | /// | / / | ✓ | | | |
| [] | Coaches and Scouts | R/E | /// | ✓ | ✓ | | | |
| [] | Counseling Psychologists | ı | /// | / / | ✓ | | | |
| [] | Critical Care Nurses | 1 | /// | / / | /// | | | |
| [] | Dental Hygienists | R | ✓ | 11 | /// | | | |
| [] | Dietetic Technicians | - 1 | 11 | 111 | ✓ | | | |
| [] | Education Administrators, Preschool and Child Care Center/Program | Е | /// | / / | ✓ | | | |
| [] | Educational, Guidance, School, and Vocational Counselors | A/E | /// | / / | ✓ | | | |
| [] | Elementary School Teachers | Α | /// | / / | ✓ | | | |
| [] | Eligibility Interviewers | С | /// | / / | ✓ | | | |
| [] | Emergency Management Directors | Е | 111 | 111 | /// | | | |
| [] | Emergency Medical Technicians (EMT) and Paramedics | - 1 | 111 | 11 | /// | | | |
| [] | English Language and Literature Teachers, Postsecondary | Α | 111 | ✓ | ✓ | | | |
| [] | Equal Opportunity Representatives and Officers | Е | /// | // | ✓ | | | |
| [] | Fitness Trainers and Aerobics Instructors | R | /// | ✓ | / / | | | |
| [] | Foreign Language and Literature Teachers, Postsecondary | A/I | /// | ✓ | ✓ | | | |
| [] | Funeral Attendants | E/R | ✓ | ✓ | ✓ | | | |
| [] | Health Educators | Е | /// | / / | ✓ | | | |
| [] | Healthcare Social Workers | 1 | /// | / / | ✓ | | | |
| [] | Home Health Aides | R | / / | ✓ | ✓ | | | |
| [] | Informatics Nurse Specialists | 1 | /// | /// | /// | | | |
| [] | Instructional Coordinators | I | /// | 4 | ✓ | | | |
| [] | Kindergarten Teachers | Α | /// | 44 | ✓ | | | |
| [] | Licensed Practical and Licensed Vocational Nurses | R | 111 | /// | 4 4 | | | |
| [] | Massage Therapists | R | ✓ | ✓ | ✓ | | | |
| [] | Medical Assistants | С | 44 | / / | 4 4 | | | |



SOCIAL OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

Key / Importance of Skills: ✓✓✓ **Very important** ✓✓ **Moderately important** ✓✓ **Less important**

| F 1 | | 2nd | Skill In | nportance R | latings |
|--------------------|---|------------------|------------|-------------|-------------------|
| Explore Further | Occupational Titles | Interest Code | Verbal | Math | Science/ Tech. |
| [] | Mental Health and Substance Abuse Social Workers | 1 | /// | 11 | ✓ |
| [] | Mental Health Counselors | 1 | 444 | 111 | ✓ |
| [] | Middle School Teachers | А | 444 | 11 | ✓ |
| [] | Nursing Instructors and Teachers, Postsecondary | 1 | 444 | 111 | / / |
| [] | Occupational Therapists | I | 444 | 11 | / / |
| [] | Occupational Therapist Aides | R | 44 | 11 | // |
| [] | Orthotists and Prosthetists | R | 44 | 111 | 111 |
| [] | Park Naturalists | R | 444 | 11 | ✓ |
| [] | Personal Care Aides | R | 11 | 11 | ✓ |
| [] | Physical Therapist Aides | R | 4 4 | 11 | /// |
| [] | Physical Therapists | I | /// | 11 | 4 |
| [] | Preschool Teachers | Α | 111 | ✓ | ✓ |
| [] | Probation Officers and Correctional Treatment Specialists | Е | 111 | 11 | ✓ |
| [] | Psychiatric Aides | R/C | /// | 11 | ✓ |
| [] | Psychiatric Technicians | R/E | /// | ✓ | ✓ |
| [] | Radiation Therapists | R | 111 | 444 | 111 |
| [] | Recreation Workers | Е | /// | 11 | ✓ |
| [] | Recreational Therapists | А | /// | ✓ | ✓ |
| [] | Registered Nurses | 1 | /// | 44 | 44 |
| [] | Rehabilitation Counselors and Specialists | 1 | /// | 4 4 | ✓ |
| [] | Residential Advisors | Е | /// | ✓ | ✓ |
| [] | Respiratory Therapists | 1 | 111 | 111 | 44 |
| [] | Secondary School Teachers | A | /// | 4 4 | ✓ |
| [] | Special Education Teachers, Secondary School | I | /// | / / | ✓ |
| [] | Speech-Language Pathologists | ı | /// | // | ✓ |
| [] | Substance Abuse and Behavioral Disorder Counselors | Α | /// | ✓ | ✓ |
| [] | Teacher Assistants | С | /// | ✓ | ✓ |
| [] | Tour Guides and Escorts | Е | /// | ✓ | ✓ |
| [] | Training and Development Specialists | A/C | /// | ✓ | ✓ |
| [] | Vocational Education Teachers | R | /// | // | / / |
| [] | Waiters and Waitresses | Е | // | // | ✓ |
| | | | | | |

PART 1:

Terrell

I always dreamed of opening my own restaurant. Owning my own restaurant has been hard work, but the rewards make it worth it.

Kelly

In my job as a real estate agent, I always have to think on my feet. The competition is tough, but I love the challenge and the fast pace.



ENTERPRISING

Enterprising individuals prefer work that involves persuading, influencing, and directing others and are often interested in economics and politics. They enjoy work activities such as sales, supervision, and project or business management. They like work that is fast-paced, requires a lot of responsibility and decision making, and requires taking risks for profit. Enterprising types prefer to work with people and ideas rather than things.

Enterprising occupations generally require workers to have leadership, sales, and speaking abilities.

Examples of Enterprising occupations include:

- Advertising Sales Agent
- Air Traffic Controller
- Barista
- Detective/Criminal Investigator
- Lawyer
- Meeting, Convention, and Event Planner
- Online Merchant
- Public Relations Specialist
- Real Estate Agent
- Securities and Commodities Trader
- Talent Director
- Telemarketer
- Travel Guide

The OCCU-Find lists many more Enterprising occupations on pages 36-37.





ENTERPRISING OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

 $\textbf{Key} \ / \ \textbf{Importance of Skills:} \qquad \textbf{Very important} \qquad \textbf{ } \sqrt{} \sqrt{} \ \textbf{Moderately important} \qquad \sqrt{} \ \textbf{Less important}$

| | | 2nd | Skill Importance Ratings | | | | |
|--------------------|---|------------------|--------------------------|------------|-------------------|--|--|
| Explore Further | Occupational Titles | Interest Code | Verbal | Math | Science/ Tech. | | |
| [] | Administrative Services Managers | С | 4 4 | ✓ | ✓ | | |
| [] | Advertising and Promotions Managers | А | /// | /// | ✓ | | |
| [] | Advertising Sales Agents | С | /// | 4 4 | ✓ | | |
| [] | Air Traffic Controllers | С | /// | 4 | / / | | |
| [] | Aircraft Launch and Recovery Officers | С | 44 | ✓ | 11 | | |
| [] | Amusement and Recreation Attendants | С | ✓ | 4 4 | ✓ | | |
| [] | Appraisers and Assessors of Real Estate | С | 111 | 111 | 11 | | |
| [] | Aquacultural Managers | R | ✓ | // | 111 | | |
| [] | Armored Assault Vehicle Officers | R | 111 | 11 | 11 | | |
| [] | Artillery and Missile Officers | R | 111 | 111 | 111 | | |
| [] | Baristas | С | 111 | // | ✓ | | |
| [] | Chefs and Head Cooks | R | ✓ | 44 | ✓ | | |
| [] | Chief Executives | С | 111 | 111 | ✓ | | |
| [] | Compensation and Benefits Managers | С | /// | 44 | ✓ | | |
| [] | Computer and Information Systems Managers | С | /// | 111 | 111 | | |
| [] | Construction Managers | R | /// | 111 | 111 | | |
| [] | Criminal Investigators and Special Agents | I | /// | 44 | 11 | | |
| [] | Curators | С | /// | 44 | ✓ | | |
| [] | Customer Service Representatives | C/S | 111 | 44 | ✓ | | |
| [] | Demonstrators and Product Promoters | С | /// | 44 | ✓ | | |
| [] | Detectives and Criminal Investigators | С | 111 | 11 | 11 | | |
| [] | Directors, Religious Activities and Education | S | 111 | 44 | ✓ | | |
| [] | Driver/Sales Workers | R | ✓ | ✓ | ✓ | | |
| [] | Education Administrators, Elementary and Secondary School | S | 111 | 11 | ✓ | | |
| [] | Education Administrators, Postsecondary | С | 111 | // | ✓ | | |
| [] | Financial Examiners | С | 111 | 111 | ✓ | | |
| [] | Financial Managers | С | 111 | 111 | ✓ | | |
| [] | Flight Attendants | S | 44 | ✓ | ✓ | | |
| [] | Food Service Managers | С | 44 | 111 | ✓ | | |
| [] | Hosts and Hostesses, Restaurant, Lounge, and Coffee Shop | S | 44 | ✓ | ✓ | | |
| [] | Human Resources Managers | S | 111 | 11 | 11 | | |
| [] | Human Resources Specialists | S | 111 | 11 | ✓ | | |
| [] | Industrial Production Managers | С | 44 | 11 | 11 | | |
| [] | Infantry Officers | R | /// | ✓ | // | | |
| [] | Insurance Sales Agents | С | 4 | 44 | ✓ | | |
| | | | | | | | |



Sheriffs and Deputy Sheriffs

Social and Community Service Managers

Training and Development Managers

Transportation, Storage, and Distribution Managers

Ship and Boat Captains

Special Forces Officers

Talent Directors

Telemarketers

Travel Guides

1

1

1

1

ENTERPRISING OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

R

R

S

R

Α

С

S

С

С

11

√√

111

111

111

111

111

 $\checkmark\checkmark$

√√

1

111

11

√√

✓

✓

✓

111

✓

✓

√√

1

11

✓

 $\checkmark\checkmark$

√√✓ Very important √
✓ Moderately important **Key** / Importance of Skills: ✓ Less important Explore Further Occupational Titles Judges, Magistrate Judges, and Magistrates S 1 111 √√ 1 Lawyers 111 √√ С 1 Lodging Managers $\checkmark\checkmark\checkmark$ √√ ✓ 1 Logisticians С 11 111 $\checkmark\checkmark\checkmark$ 1 Loss Prevention Managers C 111 111 11 С 1 Marketing Managers $\checkmark\checkmark\checkmark$ 111 √√ Medical and Health Services Managers 1 C/S 111 11 √√ С Meeting, Convention, and Event Planners 111 1 S Morticians, Undertakers, and Funeral Directors 111 ✓ ✓ 1 Nursery and Greenhouse Managers R $\checkmark\checkmark$ ✓ $\checkmark\checkmark\checkmark$ Online Merchants С 1 111 111 11 1 Opticians, Dispensing С 11 √√ $\checkmark\checkmark$ Parts Salespersons C 1 √√ ✓ $\checkmark\checkmark$ 111 Personal Financial Advisors √√ ✓ 1 Private Detectives and Investigators С 111 11 ✓ 1 Α **Producers** $\checkmark\checkmark\checkmark$ 11 ✓ Property, Real Estate, and Community Association Managers С 1 11 11 ✓ **Public Relations Specialists** Α 111 ✓ С 1 Purchasing Agents and Buyers $\checkmark\checkmark\checkmark$ 111 **Purchasing Managers** C 111 111 С 1 Real Estate Sales Agents $\checkmark\checkmark\checkmark$ 11 ✓ 1 Retail Salespersons С $\checkmark\checkmark$ √√ ✓ С 1 Sales Managers 111 11 ✓ С 1 Sales Representatives 111 11 ✓ С Securities and Commodities Traders 1 $\checkmark\checkmark\checkmark$ 111 Securities, Commodities, and Financial Services Sales Agents C 111 111 ✓



Monique

My first volunteer job was to sort and track donations of food, clothing, and toys at a local church. I really enjoyed the work because it allowed me to use my organizational skills. In my current job, I use state-of-the-art electronic tracking equipment that helps me ensure that packages are shipped to their destinations.



I process data and perform digital analysis to identify targets. I love knowing I play a role in keeping our nation safe.



CONVENTIONAL

Conventional individuals tend to prefer work activities that involve establishing or maintaining orderly and accurate records, procedures, and routines. They like working with things, data, or machines and applying precise standards in a setting where there is a clear line of authority. Conventional types prefer working with data and details more than with ideas.

Conventional occupations generally require workers to have clerical, organizational, and arithmetic abilities.

Examples of Conventional occupations include:

- Accountant and Auditor
- City and Regional Planning Aid
- Court Reporter
- Energy Auditor
- Fire Inspector
- Information Security Analyst
- Librarian
- Loan Officer
- Logistics Analyst
- Medical Transcriptionist
- Paralegal
- Regulatory Affairs Specialist
- Social Science Research Assistant
- Statistician
- Treasurer/Comptroller/ Chief Financial Officer

The OCCU-Find lists many more Conventional occupations on pages 38-39.





Librarians

CONVENTIONAL OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

S

111

/// Very important **Key** / Importance of Skills: Moderately important Less important Explore Further Occupational Titles Accountants and Auditors Е 111 111 ✓ Actuaries 11 111 ✓ **Archivists** 111 √√ √√ Е Assessors 11 111 ✓ R Audio-Visual and Multimedia Collections Specialists √√ √√ Bill and Account Collectors Е 111 √√ ✓ Bookkeeping, Accounting, and Auditing Clerks Е ✓ 111 Brokerage Clerks Е 111 Е **Budget Analysts** 111 111 Cargo and Freight Agents Е 111 11 Cashiers Е 1 111 City and Regional Planning Aides R 111 111 Claims Examiners, Property and Casualty Insurance Е 111 √√ ✓ Compensation, Benefits, and Job Analysis Specialists Ε $\checkmark\checkmark\checkmark$ 111 ✓ Correspondence Clerks Ε 111 11 ✓ **Cost Estimators** Ε 111 111 Costume Attendants R ✓ 1 ✓ Counter and Rental Clerks Е 11 11 ✓ Court Clerks Ε 111 11 ✓ Court Reporters Ε 111 11 11 Е 111 Credit Analysts 111 ✓ Credit Authorizers, Checkers, and Clerks Ε 11 ✓ **Database Administrators** 11 111 111 **Dental Assistants** R 11 11 11 Dispatchers, Except Police, Fire, and Ambulance R/E 11 11 11 **Energy Auditors** Е 11 11 111 Executive Secretaries and Administrative Assistants Е 111 11 ✓ File Clerks R 111 11 Financial Analysts 111 $\checkmark\checkmark\checkmark$ ✓ Fire Inspectors R 11 $\checkmark\checkmark\checkmark$ $\checkmark\checkmark\checkmark$ Hotel, Motel, and Resort Desk Clerks Е $\checkmark\checkmark\checkmark$ 111 Е Human Resources Assistants, Except Payroll and Timekeeping 111 11 Ε Immigration and Customs Inspectors 111 √√ ✓ Information Security Analysts $\checkmark\checkmark\checkmark$ √√ $\checkmark\checkmark\checkmark$ Inspectors, Testers, Sorters, Samplers, and Weighers R $\checkmark\checkmark$ $\checkmark\checkmark\checkmark$ $\checkmark\checkmark$ Е Insurance Adjusters, Examiners and Investigators 111 √√ 11 Insurance Appraisers, Auto Damage R 111 $\checkmark\checkmark$ Е Insurance Claims and Policy Processing Clerks 11 11 Legal Secretaries Е 111



CONVENTIONAL OCCUPATIONS

Directions: In the Explore Further column on the left, check the occupation(s) that interest you. Access more occupations and the most up-to-date information at www.asvabprogram.com.

| Key / Im | portance of Skills: Very important Moderately imp | portant | Less important | | | |
|--------------------|--|-------------------------|--------------------|---------------------|------------------------------|--|
| Explore Further | Occupational Titles | 2nd Interest Code | Skill Ir Verbal | nportance F Math | Ratings Science/ Tech. | |
| [] | Library Assistants, Clerical | R | // | 11 | ✓ | |
| [] | Library Technicians | S | 111 | 4 4 | ✓ | |
| [] | License Clerks | Е | 44 | 11 | ✓ | |
| [] | Licensing Examiners and Inspectors | Е | 44 | 4 4 | ✓ | |
| [] | Loan Interviewers and Clerks | Е | 111 | 111 | ✓ | |
| [] | Loan Officers | Е | 111 | 111 | ✓ | |
| [] | Logistics Analysts | Е | 44 | 111 | / / | |
| [] | Mail Clerks and Mail Machine Operators | R | ✓ | ✓ | 4 4 | |
| [] | Mapping Technicians | R | ✓ | 111 | 11 | |
| [] | Medical Records and Health Information Technicians | Е | 44 | 4 4 | ✓ | |
| [] | Medical Secretaries | S | 111 | 11 | ✓ | |
| [] | Medical Transcriptionists | R | /// | // | ✓ | |
| [] | Meter Readers, Utilities | R | ✓ | // | ✓ | |
| [] | Municipal Clerks | Е | 111 | // | ✓ | |
| [] | Office Clerks, General | Е | 44 | 11 | ✓ | |
| [] | Order Fillers, Wholesale and Retail Sales | R | ✓ | / / | ✓ | |
| [] | Paralegals and Legal Assistants | I | 111 | ✓ | ✓ | |
| [] | Pharmacy Technicians | R | 44 | // | 11 | |
| [] | Police Identification and Records Officers | R | 44 | 4 4 | 44 | |
| [] | Police, Fire, and Ambulance Dispatchers | R | 111 | / / | ✓ | |
| [] | Postal Service Clerks | R | ✓ | 11 | ✓ | |
| [] | Postal Service Mail Carriers | R | ✓ | 4 4 | ✓ | |
| [] | Production, Planning, and Expediting Clerks | Е | 111 | 111 | ✓ | |
| [] | Proofreaders and Copy Markers | Α | 111 | 4 | ✓ | |
| [] | Receptionists and Information Clerks | Е | 111 | 11 | ✓ | |
| [] | Regulatory Affairs Specialists | Е | 111 | 4 4 | 4 | |
| [] | Reservation and Transportation Ticket Agents and Travel Clerks | Е | /// | 4 | ✓ | |
| [] | Shipping, Receiving, and Traffic Clerks | R | 44 | 4 4 | ✓ | |
| [] | Social and Human Service Assistants | S | 111 | ✓ | ✓ | |
| [] | Social Science Research Assistants | 1 | 111 | 111 | 4 4 | |
| [] | Statistical Assistants | 1 | 44 | 111 | 4 4 | |
| [] | Statisticians | 1 | 44 | 111 | 11 | |
| [] | Stock Clerks and Order Fillers | R | ✓ | 11 | ✓ | |
| [] | Tax Examiners, Collectors, and Revenue Agents | Е | /// | 111 | ✓ | |
| [] | Tax Preparers | Е | /// | 111 | ✓ | |
| [] | Telephone Operators | S | // | ✓ | ✓ | |
| [] | Tellers | Е | ✓ | 111 | ✓ | |
| [] | Title Examiners, Abstractors, and Searchers | Е | /// | 44 | ✓ | |
| [] | Treasurers, Comptrollers, and Chief Financial Officers | Е | 444 | /// | ✓ | |

UTAH'S BEST PROJECTED JOBS 2016-2026

| Standard Occupational Classification Title Includes only 4 & 5 star jobs w/ 70+ annual openings *Star Rat | ing | Holland Code ** | | *Minimun degree/ training enings per year | *Work Exp | *Job Training or Experience Required | | *Median Avg. Pay | Cost in Utah |
|---|-----|--------------------|------|--|------------------------|---|----------------|---------------------|------------------|
| Chief Executives | | ESR | | Bachelor's degree | 5 + years | None | 86680 | 133560 | |
| General and Operations Managers | | ESR | | Bachelor's degree | 5 + years | None | 44760 | | 20-33K |
| Marketing Managers | | AES/ESC | | Bachelor's degree | | None | 74590 | | |
| Sales Managers | | ESA | | Bachelor's degree | < 5 years | None | 69650 | | 20-33K |
| Administrative Services Managers | | ESR | | Bachelor's degree | < 5 years | None | 52810 | | 20-33K |
| Computer and Information Systems Managers Financial Managers | | SEI EIS/ESA | | Bachelor's degree Bachelor's degree | 5 + years | None | 81130 69090 | 111160 | 20-33K 20-33K |
| Industrial Production Managers | | SESR | | Bachelor's degree | 5 + years 5 + years | None None | 62820 | | 20-33K 20-33K |
| Transportation, Storage, and Distribution Managers | | ESC | | High school diploma | 5 + years | None | 51980 | 73510 | |
| Human Resources Managers | | SEC | | Bachelor's degree | 5 + years | None | 72620 | | 20-33K |
| Construction Managers | | ERS | 433 | Bachelor's degree | None | Moderate OTJ training | 57860 | | 20-33K |
| Education Administrators, Elementary and Secondary School | | SEI | 204 | Master's degree | 5 + years | None | 75090 | 88920 | 45-60K |
| Education Administrators, Postsecondary | | SEI | | Master's degree | < 5 years | None | 60590 | | 45-60K |
| Architectural and Engineering Managers | | ERS | | Bachelor's degree | 5 + years | None | 92730 | 122830 | |
| Food Service Managers | | ESR | | High school diploma | < 5 years | None | 34000 | 41470 | |
| Lodging Managers | | ESR SER | | High school diploma | < 5 years | None None | 28670 69750 | 42600 | <1K 20-33K |
| Medical and Health Services Managers Natural Sciences Managers | | IEC/IER | | Bachelor's degree Bachelor's degree | < 5 years 5 + years | None | 62970 | | 20-33K 20-33K |
| Property, Real Estate, and Community Association Managers | | ESR | | High school diploma | < 5 years | None | 28780 | 41270 | |
| Social and Community Service Managers | | ESI | | Bachelor's degree | < 5 years | None | 46850 | | 20-33K |
| Wholesale and Retail Buyers, Except Farm Products | | ESA | | Bachelor's degree | None | Moderate OTJ training | 33940 | | 20-33K |
| Purchasing Agents, Except Wholesale, Retail, & Farm Products | | ESR | | Bachelor's degree | None | Moderate OTJ training | 47220 | | 20-33K |
| Claims Adjusters, Examiners, and Investigators | 5 | ESR | 233 | High school diploma | None | Long OTJ training | 44700 | 59180 | <1K |
| Compliance Officers | | ESR | | Bachelor's degree | None | Moderate OTJ training | 41730 | | 20-33K |
| Cost Estimators | | CIE | | Bachelor's degree | None | Moderate OTJ training | 49470 | | 20-33K |
| Human Resources Specialists | | SEC/ESR | | Bachelor's degree | None | None | 41220 | | 20-33K |
| Logisticians Adamagamant Analysts | | REI | | Bachelor's degree | None | None | 55620 | | 20-33K |
| Management Analysts Meeting, Convention, and Event Planners | | ERS ESA/ESI | | Bachelor's degree Bachelor's degree | < 5 years None | None None | 50540 27350 | | 20-33K 20-33K |
| Training and Development Specialists | | ESA/ESI ESR | | Bachelor's degree | < 5 years | None | 36600 | | 20-33K 20-33K |
| Market Research Analysts and Marketing Specialists | | ISC | | Bachelor's degree | None | None | 39310 | | 20-33K 20-33K |
| Accountants and Auditors | | CSI/EIS | | Bachelor's degree | None | None | 48980 | | 20-33K |
| Appraisers and Assessors of Real Estate | | SCE | | Bachelor's degree | None | Long OTJ training | 37790 | | 20-33K |
| Credit Analysts | 4 | ESR | | Bachelor's degree | None | None | 35670 | | 20-33K |
| Financial Analysts | 5 | CSI/CIE | 286 | Bachelor's degree | None | None | 53340 | 73680 | 20-33K |
| Personal Financial Advisors | | ESC | | Bachelor's degree | None | Long OTJ training | 50890 | | 20-33K |
| Loan Officers | | SEI | | Bachelor's degree | None | Moderate OTJ training | 34450 | | 20-33K |
| Tax Examiners and Collectors, and Revenue Agents | | ECS | | Bachelor's degree | None | Moderate OTJ training | 42010 | | 20-33K |
| Computer Systems Analysts | | IER | | Bachelor's degree | None | None | 56710 | | 20-33K |
| Computer Programmers Software Developers Applications | | IRC/RSI RSI | | Bachelor's degree Bachelor's degree | None None | None None | 59810 69650 | | 20-33K 20-33K |
| Software Developers, Applications Software Developers, Systems Software | | RSI | | Bachelor's degree | None | None | 78310 | | 20-33K 20-33K |
| Web Developers | | AER/RSI | | Associate's degree | None | None | 43290 | 59870 | |
| Database Administrators | | IRE | | Bachelor's degree | None | None | 69050 | | 20-33K |
| Network and Computer Systems Administrators | | RSI | | Bachelor's degree | None | None | 58230 | | 20-33K |
| Computer Network Architects | 4 | IRC | 100 | Bachelor's degree | 5 + years | None | 75960 | 96700 | 20-33K |
| Computer User Support Specialists | 4 | SER | 1108 | Some college, no degree | None | None | 33420 | 43820 | |
| Computer Network Support Specialists | | IRS/SEC | | Associate's degree | None | None | 38950 | 52690 | |
| Operations Research Analysts | | ERI | | Bachelor's degree | None | None | 55650 | | 20-33K |
| Architects, Except Landscape and Naval | | AIR | | Bachelor's degree | None | Internship | 49590 | | 20-33K |
| Surveyors | | IEA | | Bachelor's degree | None | Internship | 48160 | | 20-33K |
| Aerospace Engineers | | IRS IRE | | Bachelor's degree Bachelor's degree | None None | None None | 78230 61760 | | 20-33K 20-33K |
| Biomedical Engineers Civil Engineers | | IRS/IRE | | Bachelor's degree | None | None | 60060 | | 20-33K 20-33K |
| Computer Hardware Engineers | | REI | | Bachelor's degree | None | None | 72690 | | 20-33K |
| Electrical Engineers | | IRE/RIE | | Bachelor's degree | None | None | 69680 | | 20-33K |
| Electronics Engineers, Except Computer | | RIE | | Bachelor's degree | None | None | 72570 | | 20-33K |
| Industrial Engineers | | EIR | | Bachelor's degree | None | None | 68430 | 82210 | 20-33K |
| Mechanical Engineers | | RIS | 350 | Bachelor's degree | None | None | 65150 | 80460 | 20-33K |
| Architectural and Civil Drafters | | RCI | | Associate's degree | None | None | 40800 | 49050 | |
| Mechanical Drafters | | IRE | | Associate's degree | None | None | 40990 | 51690 | |
| Civil Engineering Technicians | | IRE | | Associate's degree | None | None | 38570 | 48850 | |
| Electrical and Electronics Engineering Technicians | | IRE | | Associate's degree | None | None | 48220 | 60660 | |
| Industrial Engineering Technicians Medical Scientists, Except Epidemiologists | | EIR ISA/ISE | | Associate's degree PhD / professional degree | None None | None None | 41950 57690 | 52100 77390 | 8-17K 50-80K |
| Chemists | | IRE | | Bachelor's degree | None | None | 51020 | | 20-33K |
| Environmental Scientists and Specialists, Including Health | | ESR/IRE | | Bachelor's degree | None | None | 56530 | | 20-33K 20-33K |
| Clinical, Counseling, and School Psychologists | | SEA | | PhD / professional degree | None | Internship | 44300 | | 50-60K |
| Biological Technicians | | RCS | | Bachelor's degree | None | None | 40000 | | 20-33K |
| Chemical Technicians | 4 | IRS | 138 | Associate's degree | None | Moderate OTJ training | 33450 | 40750 | 8-17K |
| Educational, Guidance, School, and Vocational Counselors | | SAE | | Master's degree | None | None | 34500 | | 40-65K |
| Mental Health Counselors | | SAE | | Master's degree | None | Internship | 43380 | | 40-65K |
| Rehabilitation Counselors | | SEC | | Master's degree | None | None | 31510 | | 40-65K |
| Child, Family, and School Social Workers Hoaltheare Social Workers | | SEA | | Bachelor's degree | None | None | 24580 | | 20-33K |
| Healthcare Social Workers Mental Health and Substance Abuse Social Workers | | ESA SEA | | Master's degree Master's degree | None None | Internship Internship | 45480 34540 | | 40-65K 40-65K |
| Community Health Workers | | SEA | | High school diploma | None | Short OTJ training | 33620 | 44210 | |
| Lawyers | | ESA | | PhD / professional degree | None | None | 64060 | | 70-110K |
| Paralegals and Legal Assistants | | SEC | | Associate's degree | None | None | 33740 | | |
| Business Teachers, Postsecondary | | ESR/SAE | | | None | None | 52180 | | 50-90K |
| Computer Science Teachers, Postsecondary | | SRI | | | None | None | 50980 | | 50-90K |
| Biological Science Teachers, Postsecondary | | SEI | | PhD / professional degree | None | None | 65780 | 93900 | 50-90K |
| Health Specialties Teachers, Postsecondary | | SAE/SEI | | | | None | 66110 | | 50-90K |
| Nursing Instructors and Teachers, Postsecondary | | SEI | | PhD / professional degree | < 5 years | None | 57980 | | 50-90K |
| Art, Drama, and Music Teachers, Postsecondary | | SAE/SEI | | Master's degree | None | None | 43530 | | 50-90K |
| English Language and Literature Teachers, Postsecondary | | SAE | | PhD / professional degree | None | None | 50780 | | 50-90K |
| Vocational Education Teachers, Postsecondary | | SEI/SER | | Bachelor's degree | < 5 years | None | 30430 | | 20-33K |
| Kindergarten Teachers, Except Special Education Elementary School Teachers, Except Special Education | | SEC/SIA SAE | | Bachelor's degree | None | None | 31320 | | 20-33K |
| | | INAL | 1497 | Bachelor's degree | None | None | 40370 | ı 531/0 | 20-33K |

UTAH'S BEST PROJECTED JOBS 2016-2026

| Standard Occupational Classification Title Includes only 4 & 5 star jobs w/ 70+ annual openings *Star Rat | | lland | | *Minimun degree/ training | 3 WOIK EXP | Experience Required | | *Median | Cost in Utah |
|--|----------------|-------|------|---|--------------|---|----------------|----------------|------------------|
| Secondary School Teachers, Except Special & Career/Tech Ed | 5 SAE | | | nings per year Bachelor's degree | None | None | 42720 | | 20-33K |
| Special Education Teachers, Kindergarten & Elementary School | | | | Bachelor's degree | None | None | 27370 | | 20-33K 20-33K |
| Special Education Teachers, Secondary School | 4 SEC | | | Bachelor's degree | None | None | 28570 | | 20-33K |
| Librarians | 4 ACS | | | Master's degree | None | None | 37740 | | 40-60K |
| Instructional Coordinators | 5 SEI/ | | | Master's degree | 5 + years | None | 37430 | | 40-70K |
| Art Directors | 4 AES | | | Bachelor's degree | 5 + years | None | 59990 | | 20-33K |
| Fine Artists, Including Painters, Sculptors, and Illustrators | 4 AEI | | | Bachelor's degree | None | Long OTJ training | 29400 | 43720 | 20-33K |
| Graphic Designers | 4 AER | 3 | | Bachelor's degree | None | None | 34040 | 44860 | 20-33K |
| Public Relations Specialists | 5 ESA | A | 280 | Bachelor's degree | None | None | 36860 | 52360 | 20-33K |
| Editors | 5 AES | S | 175 | Bachelor's degree | < 5 years | None | 33120 | 46960 | 20-33K |
| Technical Writers | 5 IRS | | 109 | Bachelor's degree | < 5 years | Short OTJ training | 51790 | | 20-33K |
| Interpreters and Translators | 4 ISC | | | Bachelor's degree | None | None | 31710 | | 20-33K |
| Audio and Video Equipment Technicians | 4 CSI | | | Postsecondary award | None | Short OTJ training | 24350 | 35650 | - |
| Dentists, General | 4 ISR | | | PhD / professional degree | None | None | 76520 | | 150-200K |
| Pharmacists | 5 IES | | | PhD / professional degree | None | None | 84000 | | 90-115K |
| Family and General Practitioners | 4 ISE/ | | | PhD / professional degree | None | Internship | 110K | | 180-200K |
| Physician Assistants | 5 ISA, | | | Master's degree | None | None | 87720 | | 95-110K |
| Occupational Therapists | 4 SRA 5 SIE | | | Master's degree | None | None | 68070 | | 130-145K |
| Physical Therapists | 5 SIR | | | PhD / professional degree | None | None None | 66880 48340 | 58040 | 130-145K |
| Respiratory Therapists Speech-Language Pathologists | 4 SAI | | | Associate's degree Master's degree | None None | Internship | 53430 | | 8-17K 40-55K |
| Registered Nurses | 5 SIA | | | Bachelor's degree | None | None | 52610 | | 20-33K |
| Nurse Practitioners | 5 ISA | | | Master's degree | None | None | 85820 | 100060 | |
| Medical and Clinical Laboratory Technologists | 5 IRS | | | Bachelor's degree | None | None | 44010 | | 20-33K |
| Dental Hygienists | 5 SAI | | | Associate's degree | None | None | 64170 | 71070 | |
| Radiologic Technologists | 5 SRI | | | Associate's degree | None | None | 45070 | 54130 | |
| Surgical Technologists | 4 ISR | | | Postsecondary award | None | None | 32710 | 38700 | |
| Licensed Practical and Licensed Vocational Nurses | 4 SIA | | | Postsecondary award | None | None | 35930 | 43220 | |
| Medical Records and Health Information Technicians | 4 CIA | | 169 | Postsecondary award | None | None | 29380 | 36720 | |
| Physical Therapist Assistants | 4 SCR | ₹ | | Associate's degree | None | None | 39690 | 52620 | 8-17K |
| First-Line Supervisors of Police and Detectives | 4 ESR | | | High school diploma | < 5 years | Moderate OTJ training | 63010 | 71550 | |
| Correctional Officers and Jailers | 4 SER | | | High school diploma | None | Moderate OTJ training | 36510 | 39190 | |
| Police and Sheriff's Patrol Officers | 5 SER | | | High school diploma | None | Moderate OTJ training | 41190 | 49800 | |
| Chefs and Head Cooks | 4 ERA | | | High school diploma | 5 + years | None | 31630 | 38630 | |
| First-Line Supervisors of Housekeeping and Janitorial Workers | 4 ESR | | | High school diploma | < 5 years | None | 29820 | 39290 | |
| First-Line Supervisors of Landscaping, and Grounds Workers | 4 RES | | | High school diploma | < 5 years | None | 37560 | 46760 | |
| First-Line Supervisors of Non-Retail Sales Workers | 5 ESA | | | High school diploma | < 5 years | None | 45440 | 67330 | |
| Advertising Sales Agents | 5 ESA | | | High school diploma | None | Moderate OTJ training | 35710 | 48070 | |
| Insurance Sales Agents | 5 ESC | | | High school diploma | None | Moderate OTJ training | 28390 | 45040 | |
| Securities, Commodities, and Financial Services Sales Agents | 5 ESC 5 ESI | | | Bachelor's degree | None None | Moderate OTJ training Moderate OTJ training | 39840 46250 | | 20-33K 20-33K |
| Sales Reps, Wholesale & Manuf, Tech & Scientific Products Sales Reps, Wholesale & Manuf, Except Tech & Scientific Prod | 5 ESR | | | Bachelor's degree High school diploma | None | Moderate OTJ training | 38300 | 54610 | |
| Real Estate Brokers | 4 ESA | | | High school diploma | < 5 years | None | 52550 | 59390 | |
| Real Estate Sales Agents | 5 ESA | | | High school diploma | None | Moderate OTJ training | 30980 | 41520 | |
| Sales Engineers | 4 ERI | | | Bachelor's degree | None | Moderate OTJ training | 71540 | | 20-33K |
| First-Line Supervisors of Office and Administrative Workers | 5 ESR | | | High school diploma | < 5 years | None | 38630 | 48430 | |
| Procurement Clerks | 4 CEI | | | High school diploma | None | Moderate OTJ training | 32020 | 40350 | |
| Dispatchers, Except Police, Fire, and Ambulance | 4 ESC | | | High school diploma | None | Moderate OTJ training | 31080 | 38910 | |
| Postal Service Mail Carriers | 4 RSC | | | High school diploma | None | Short OTJ training | 36800 | 59070 | |
| Production, Planning, and Expediting Clerks | 4 REI | | 528 | High school diploma | None | Moderate OTJ training | 35390 | 42860 | 1-2K |
| Executive Secretaries and Executive Administrative Assistants | 4 ESC | | 625 | High school diploma | < 5 years | None | 38270 | 46350 | |
| Legal Secretaries | 4 CSE | | 138 | High school diploma | None | Moderate OTJ training | 30720 | 37620 | 1-6K |
| Insurance Claims and Policy Processing Clerks | 4 CSE | | | High school diploma | None | Moderate OTJ training | 30910 | 36970 | |
| Supervisors of Construction Trades & Extraction Workers | 5 ERS | | | High school diploma | 5 + years | None | 45300 | 56580 | |
| Tile and Marble Setters | 4 RSE | | | No formal credential | None | Long OTJ training | 33590 | 40220 | |
| Operating Engineers & Construction Equipment Operators | 4 RIS | | | High school diploma | None | Moderate OTJ training | 36370 | 43410 | |
| Electricians | 5 RIS | | | High school diploma | None | Apprenticeship | 43000 | 52600 | |
| Glaziers | 4 RSE | | | High school diploma | None | Apprenticeship | 33520 | 39780 | |
| Plumbers, Pipefitters, and Steamfitters Shoot Metal Workers | 4 RCE | | | High school diploma | None | Apprenticeship | 39190 | 51540 | |
| Sheet Metal Workers Structural Iron and Steel Workers | 4 REI | | | High school diploma High school diploma | None None | Apprenticeship Apprenticeship | 34320 33870 | 45590 39630 | |
| Construction and Building Inspectors | 5 RIC | | | Postsecondary award | 5 + years | Moderate OTJ training | 45770 | 57700 | |
| Service Unit Operators, Oil, Gas, and Mining | 4 RIE | | | No formal credential | None | Moderate OTJ training | 42990 | 56350 | |
| Roustabouts, Oil and Gas | 4 RCS | | | No formal credential | None | Moderate OTJ training | 34980 | 40960 | |
| First-Line Supervisors of Mechanics, Installers, and Repairers | 5 RSE | | | High school diploma | < 5 years | None | 46540 | 62680 | |
| Telecommunications Equip. Installers & Repairers | 5 RIS | | | Postsecondary award | None | Moderate OTJ training | 37780 | | 1-17K |
| Electronics Repairers, Commercial & Industrial Equipment | 4 RIC | | | Postsecondary award | None | Long OTJ training | 51030 | 59020 | |
| Security and Fire Alarm Systems Installers | 4 RIS | | | High school diploma | None | Moderate OTJ training | 37460 | 45220 | |
| Aircraft Mechanics and Service Technicians | 5 RIE | | | Postsecondary award | None | None | 48950 | 56150 | |
| Automotive Service Technicians and Mechanics | 4 RCI | | | Postsecondary award | None | Short OTJ training | 27180 | 38540 | 4K |
| Bus and Truck Mechanics and Diesel Engine Specialists | 4 RIS | | | Postsecondary award | None | Long OTJ training | 36860 | 45720 | |
| Mobile Heavy Equipment Mechanics, Except Engines | 4 RES | | | Postsecondary award | None | Long OTJ training | 40500 | 49390 | |
| Heating, AC, & Refrigeration Mechanics & Installers | 4 RES | | | Postsecondary award | None | Apprenticeship | 35220 | 46180 | |
| Industrial Machinery Mechanics | 5 RIC | | | Associate's degree | None | Long OTJ training | 43870 | 53670 | |
| Maintenance Workers, Machinery | 4 REI | | | High school diploma | None | Long OTJ training | 38890 | 46590 | |
| Electrical Power-Line Installers and Repairers | 4 RES | | | High school diploma | None | Long OTJ training | 49600 | 73080 | |
| Telecommunications Line Installers and Repairers | 4 RIS | | | High school diploma | None | Long OTJ training | 31910 | 45060 | |
| First-Line Supervisors of Production and Operating Workers | 5 RSE | | | High school diploma | < 5 years | None | 41820 | 55720 | |
| Machinists | 4 REI | | | Postsecondary award | None | Long OTJ training | 36670 | 46950 | |
| Welders, Cutters, Solderers, and Brazers | 4 RIS | | | Postsecondary award | None | Moderate OTJ training | 32830 | 38770 | |
| Water and Wastewater Treatment Plant and System Operator | 4 REI | | | Postsecondary award | None | Long OTJ training | 36770 | 46140 | |
| Petroleum Pump System & Refinery Operators, & Gaugers | 4 RES | | | High school diploma | None | Moderate OTJ training | 46750 | 58010 | |
| Dental Laboratory Technicians | 4 REI | | | High school diploma | None | Moderate OTJ training | 28720 | 35550 | |
| Supervisors of Helpers, Laborers, & Material Movers | 4 ESR | | | High school diploma | < 5 years | None | 32950 | 42510 | |
| Supervisors of Transportation Moving & Vehicle Operators | 5 ESC | | | High school diploma | < 5 years | None | 49810 | 59790 | |
| Heavy and Tractor-Trailer Truck Drivers | 4 RCS | | 3813 | Postsecondary award | None | Short OTJ training | 34600 | 42920 | 3K |

[|] Heavy and Tractor-Trailer Truck Drivers | 4 | RCS | 3813 | Postsecondary award | None | Short OTJ to ** John Holland Career Codes (E = Enterprising S = Social A = Artistic R = Realistic I = Investigative C = Conventional) * Source: Utah Department of Workforce Services, Oct 2018.

SECRETS TO SCHOOL SUCCESS CHECKLIST

Answer the following statements with **Yes (Y)**, **No (N)**, or **Sometimes (S)** to assess your level of commitment to school success.

| | 1. | I attend school re | egularly (no more tha | n 6 absences a year). | | | | | | | |
|----------|-----|---|--|--------------------------------|------------|--|--|--|--|--|--|
| | 2. | I try to sit close t | o the front of the roo | m in my classes. | | | | | | | |
| | 3. | I give my teache | rs eye contact. | | | | | | | | |
| | 4. | I am on time to a | all of my classes. | | | | | | | | |
| | 5. | I meet with my t | eachers to discuss ass | signments and make-up wor | k. | | | | | | |
| | 6. | I ask questions ir | n class when I don't ui | nderstand assignments. | | | | | | | |
| | 7. | I participate in cl | ass discussions. | | | | | | | | |
| | 8. | I turn my assignr | nents in on time. | | | | | | | | |
| | 9. | When I am abser | nt, I ask for make-up v | work the day I get back. | | | | | | | |
| | 10. | I do extra credit | regularly. | | | | | | | | |
| | 11. | My assignments | are neat and organize | ed when I turn them in. | | | | | | | |
| | 12. | I make a table of | contents for binders, | notebooks, and reports. | | | | | | | |
| | 13. | I take notes in m | y core classes (English | n, math, science, social studi | es). | | | | | | |
| | 14. | I review my class | notes and assignmer | nts every day. | | | | | | | |
| | 15. | I read regularly for school assignments and for my own enjoyment. | | | | | | | | | |
| | 16. | I have a regular s | study time at home. | | | | | | | | |
| | 17. | I eat a nutritious | breakfast every morr | ning. | | | | | | | |
| | 18. | I get at least 7-8 | hours of sleep every i | night. | | | | | | | |
| | 19. | I want to succeed in school. | | | | | | | | | |
| | 20. | I behave approp | I behave appropriately in all of my classes. | | | | | | | | |
| | 21. | The people I care | e most about value m | y opinions. | | | | | | | |
| | 22. | I have a good sch | nool schedule. | | | | | | | | |
| | 23. | I know what my | abilities and interests | are. | | | | | | | |
| | 24. | I have a plan for | school success today | and for the future. | | | | | | | |
| | 25. | My parents are i | nvolved in my educat | ion. | | | | | | | |
| SCORING: | | Y = 1 point | N = 0 point | S = ½ point | | | | | | | |
| | | 15-20 points | You want to be si | uccessful in school. | Your Score | | | | | | |
| | | 10-14 points | | on being successful in school. | | | | | | | |
| | | 0-9 points | You need some h | elp in learning how to be | | | | | | | |
| | | | Successful in scho | ool. | | | | | | | |

TO DO:

Identify what you need to work on. Set clear goals for improving your level of commitment to being successful in school.

SCHOOL SUCCESS

Make time to Study!

Before you begin working on homework assignments, set a "START" and "STOP" time that does not go over two hours. During that two-hour period, use a "20 minutes on 10 minutes off" strategy.

- During a "20 minutes on" period, sit in an area that is free from other distractions (TV, iPod, music, cell phone, family members, etc.).
- Work on assignments for 20 minutes straight (you may want to set a timer). When 20 minutes are up, take a 10 minute break.
- During the 10 minutes break, feel free to get up, move around, and do something that will take your mind off of what you were working on your homework.
- When the 10 minute break is over, go back and work for another 20 minutes.
 Keep doing the "20 minutes on 10 minutes off" strategy until you have reached your two-hour "STOP" time.
- After a two-hour, "20 minutes on 10 minutes off" session is complete, place all homework assignments in an appropriate folder. Place the folder in your backpack. Turn in homework assignments when they are due.
- Do the hardest assignment first.
- Find a homework helper if you need one. This can be a good friend, someone in your class, or a parent.
- Ask your family to respect your homework time. If you want, put a "Do Not Disturb" sign on your door.

Get Organized!

- Make sure you have the supplies you need: paper, pencil, pen, computer, textbooks, assignment papers, etc.
- Get a planner or a calendar to keep track of what you do in class take it with you to every class, every day! Keep a record (write down) a brief summary of what you do in class (assignments and due dates) and any other notes to help you keep on track.
- Have one folder or one binder per class to put homework assignments in each a different color and clearly labeled for each of your classes.
- Do your homework in the same place every day. Make sure it's a quiet place and turn off the TV, iPod, cell phone, and distracting sites on your computer (Facebook, YouTube, etc.).
- Eat a meal or light snack before doing your homework.

No Excuses!

- "I don't have time!" Remember, homework is not optional!
- "I don't understand it!" Ask your teacher for help before the school day is over. Do all the parts you can do, then figure out where you're stuck. At home, don't be afraid to ask an adult or your older brother or sister to help you.
- "I can't ever finish it!" Find out why. Are you distracted? Are you having trouble in a certain subject? Ask your teacher or a parent for some advice about managing your time.
- "I have too much homework!" Get organized! Make a homework schedule that says what you'll do and when you'll do it. Use a planner to help with short and long term assignments.
- "I forget to take my books home!" Remind yourself each day before you leave school to do a "Backpack Check". Do you have everything you need? Write yourself reminders on your notebook or in your locker – whatever works for you.
- The great thing about doing your homework is the feeling you get when it's DONE!



Useful Internet Sites

Use These Internet Sites—To practice for tests, plan for college, research careers

Free Practice Testing for ACT/PLAN/EXPLORE/AP

Schmoop.com/Utah Number2.com

http://pioneer.uen.org/k12/

(Learning Express)

Test Prep

actstudent.org collegeboard.org How-to-study.com

Career Planning Sites

BigFuture.org Utahfutures.org

schools.utah.gov/arc/CTE/UtahOccupatio

nsNotebook/index.html

Careeronestop.org

bls.gov/ooh/occupation-finder.htm

jobs2careers.com

doleta.gov.oawww.jobs.utah.gov

College Planning

BigFuture.org
UtahFutures.org
youcango.collegeboard.org/

Read More about GRIT:

Grit Online Scale

https://sasupenn.qualtrics.com/SE/?SID=S V_06f6QSOS2pZW9qR

Articles

apa.org/monitor/nov07/grit.aspx psychologicalscience.org/index.php/public ations/observer/2013/april-13/truegrit.html

Scholarships Searches

Cappex.com Aie.org

apps.collegeboard.com/cbsearch_ss/

welcome.jsp

Fastweb.com Free-4u.com MeritAid.com

Scholarships4students.com

Scholarships.com

Tuitionfundingsources.com

Utahfutures.org

Scholarship Resources

Cappex.com Collegeboard.com

utahscholarshipguide.org/collegedirectory

.aspx

pchs.pcschools.us/index.php?page=223

HighFiveScholarships.com

Utah Scholarships

www.stepuputah.com

FAFSA Resources

fafsa.ed.gov

Savings Plans

Utah Educational Savings Plan: uesp.org

Student/Athletes

www.eligibilitycenter.org







For ages 10-14

8- Item Grit Scale

Directions for taking the Grit Scale: Please respond to the following 8 items. Be honest – there are no right or wrong answers!

- 1. New ideas and projects sometimes distract me from previous ones.*
 - D Very much like me
 - D Mostly like me
 - D Somewhat like me
 - D Not much like me
 - D Not like me at all
- 2. Setbacks (delays and obstacles) don't discourage me. I bounce back from disappointments faster than most people.
 - D Very much like me
 - D Mostly like me
 - D Somewhat like me
 - D Not much like me
 - D Not like me at all
- 3. I have been obsessed with a certain idea or project for a short time but later lost interest.*
 - D Very much like me
 - D Mostly like me
 - D Somewhat like me
 - D Not much like me
 - D Not like me at all
- 4. I am a hard worker.
 - D Very much like me
 - D Mostly like me
 - D Somewhat like me
 - D Not much like me
 - D Not like me at all
- 5. I often set a goal but later choose to pursue (follow) a different one. *
 - D Very much like me
 - D Mostly like me
 - D Somewhat like me
 - D Not much like me
 - D Not like me at all
- 6. I have difficulty maintaining (keeping) my focus on projects that take more than a few months to complete. *
 - D Very much like me
 - D Mostly like me
 - D Somewhat like me
 - D Not much like me
 - D Not like me at all

- 7. I finish whatever I begin.
 - D Very much like me
 - D Mostly like me
 - D Somewhat like me
 - D Not much like me
 - D Not like me at all
- 8. I am diligent (hard working and careful).
 - D Very much like me
 - D Mostly like me
 - D Somewhat like me
 - D Not much like me
 - D Not like me at all

Scoring:

- 1. For questions 2, 4, 7 and 8 assign the following points:
 - 5 =Very much like me
 - 4 = Mostly like me
 - 3 =Somewhat like me
 - 2 = Not much like me
 - 1 = Not like me at all
- 2. For questions 1, 3, 5 and 6 assign the following points:
 - 1 = Very much like me
 - 2 = Mostly like me
 - 3 =Somewhat like me
 - 4 = Not much like me
 - 5 =Not like me at all

Add up all the points and divide by 8. The maximum score on this scale is 5 (extremely gritty), and the lowest scale on this scale is 1 (not at all gritty).

Duckworth, A.L, & Quinn, P.D. (2009). Development and validation of the Short Grit Scale (GritS). Journal of Personality Assessment, 91, 166-174. http://www.sas.upenn.edu/~duckwort/images/Duckworth%20and%20Quinn.pdf

Duckworth, A.L., Peterson, C., Matthews, M.D., & Kelly, D.R. (2007). Grit: Perseverance and passion for long-term goals. Journal of Personality and Social Psychology, 9, 1087-1101. http://www.sas.upenn.edu/~duckwort/images/Grit%20JPSP.pdf

12- Item Grit Scale

Directions for taking the Grit Scale: Here are a number of statements that may or may not apply to you. For the most accurate score, when responding, think of how you compare to most people -- not just the people you know well, but most people in the world. There are no right or wrong answers, so just answer honestly!

| 1. | | overcome setbacks to conquer an important challenge. Very much like me Mostly like me |
|----|---------|---|
| | | Somewhat like me |
| | | Not much like me |
| | | Not like me at all |
| 2 | Nowic | leas and projects sometimes distract me from previous ones.* |
| ۷. | | Very much like me |
| | | Mostly like me |
| | | Somewhat like me |
| | | Not much like me |
| | | Not like me at all |
| | | Not like life at all |
| 3. | My inte | erests change from year to year.* |
| | | Very much like me |
| | | Mostly like me |
| | | Somewhat like me |
| | | Not much like me |
| | | Not like me at all |
| 4 | Setbac | ks don't discourage me. |
| •• | | Very much like me |
| | | Mostly like me |
| | | Somewhat like me |
| | | Not much like me |
| | | Not like me at all |
| | _ | 2 (0 V 222 |
| 5. | I have | been obsessed with a certain idea or project for a short time but later lost interest.* |
| | | Very much like me |
| | | Mostly like me |
| | | Somewhat like me |
| | | Not much like me |
| | | Not like me at all |
| 6. | I am a | hard worker. |
| ٠. | | Very much like me |
| | _ | Mostly like me |
| | | Somewhat like me |
| | _ | Not much like me |
| | _ | |

□ Not like me at all

| _ _ _ | set a goal but later choose to pursue a different one.* Very much like me Mostly like me Somewhat like me Not much like me Not like me at all |
|-------------|--|
| | difficulty maintaining my focus on projects that take more than a few months to |
| complete. | Very much like me |
| | Mostly like me |
| | Somewhat like me |
| | Not much like me |
| | Not like me at all |
| 9. I finish | whatever I begin. |
| | Very much like me |
| | Mostly like me |
| | Somewhat like me Not much like me |
| | Not like me at all |
| | e achieved a goal that took years of work. Very much like me Mostly like me Somewhat like me Not much like me Not like me at all |
| 11. I beco | me interested in new pursuits every few months.* Very much like me Mostly like me Somewhat like me Not much like me Not like me at all |
| 12. I am d | Very much like me |
| | Mostly like me Somewhat like me |
| | Not much like me |
| 0 | Not like me at all |

Scoring:

- 1. For questions 1, 4, 6, 9, 10 and 12 assign the following points:
 - 5 =Very much like me
 - 4 = Mostly like me
 - 3 =Somewhat like me
 - 2 = Not much like me
 - 1 = Not like me at all
- 2. For questions 2, 3, 5, 7, 8 and 11 assign the following points:
 - 1 = Very much like me
 - 2 = Mostly like me
 - 3 = Somewhat like me
 - 4 = Not much like me
 - 5 = Not like me at all

Add up all the points and divide by 12. The maximum score on this scale is 5 (extremely gritty), and the lowest scale on this scale is 1 (not at all gritty).

Duckworth, A.L., Peterson, C., Matthews, M.D., & Kelly, D.R. (2007). Grit: Perseverance and passion for long-term goals. *Journal of Personality and Social Psychology*, *9*, 1087-1101.